

Individual Best Times (All Time)

Ella Fox - (953815) - Epping Forest Dist SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	1:06.73	1:07.00	40	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
100 Freestyle	1:49.51	1:50.30	96	03/01/15	Epping Forest DSC Club Championships	Loughton	ER150471	4
50 Breaststroke	1:02.73	1:03.20	92	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
100 Breaststroke	2:05.12	2:06.10	123	03/01/15	Epping Forest DSC Club Championships	Loughton	ER150471	4