

Individual Best Times (All Time)

Daniel Welch - (953461) - Staines Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.83	28.10	381	08/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
100 Freestyle	1:04.93	1:03.60	375	07/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
200 Freestyle	2:26.24	2:23.80	339	03/12/17	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	SE171586	3
50 Breaststroke	37.55	36.70	330	27/01/18	MCASA 2018 County Age Group & Youth Championships	London	LR180226	1
100 Breaststroke	1:22.59	1:21.00	326	08/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
200 Breaststroke	3:06.36	3:03.50	305	07/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
50 Butterfly	33.85	33.30	284	25/02/18	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	SE180239	3
100 Butterfly	1:21.92	1:21.00	219	07/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.23	29.00	364	16/06/19	Staines Club Championships 2019	Staines	SE191776	4
100 Freestyle	1:01.61	1:03.00	385	29/10/20	Staines Swimming club	Egham Leisure Ctr	LEX071	0
200 Freestyle	2:23.97	2:26.40	328	25/11/17	Black Swan County Qualifier Meet 2017	Walton On Thames	SE171986	3
400 Freestyle	5:05.10	5:09.70	336	16/06/18	Staines Club Championships 2018	Spelthorne LC	SE181702	4
1500 Freestyle	22:29.88	22:45.10	246	09/11/16	Staines Club Championships	Staines	SE162344	4
50 Breaststroke	35.36	36.20	351	14/04/19	Black Swan Regional Qualifier Meet 2019	Elmbridge Xcel	SE191276	3
100 Breaststroke	1:19.69	1:21.30	333	10/02/19	Black Swan Valentines Meet 2019	Elmbridge	SE190317	3
200 Breaststroke	2:56.48	2:59.40	315	14/07/18	BLACK SWAN SUMMER OPEN MEET 2018	ELMBRIDGE	SE181533	3
50 Butterfly	32.72	33.30	293	29/10/20	Staines Swimming club	Egham Leisure Ctr	LEX071	0
100 Butterfly	1:17.93	1:18.90	230	02/11/20	Staines Swimming Club	Egham Leisure Centre	LEX528	0
200 Butterfly	3:05.85	3:07.50	190	16/06/18	Staines Club Championships 2018	Spelthorne LC	SE181702	4
50 Backstroke	35.55	36.10	240	02/11/20	Staines Swimming Club	Egham Leisure Centre	LEX528	0
100 Backstroke	1:16.22	1:17.30	254	01/11/20	Staines Swimming club	Egham Leisure Ctr	LEX069	0
200 Backstroke	3:09.02	3:10.80	174	15/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
200 Individual Medley	2:36.13	2:38.60	346	23/06/19	Staines Club Championships 2019	Staines	SE191777	4
400 Individual Medley	7:32.06	7:35.90	140	05/10/14	Staines Club Championships	Staines	SE14369	4
100 Individual Medley	1:13.21	1:13.20	305	14/07/18	BLACK SWAN SUMMER OPEN MEET 2018	ELMBRIDGE	SE181533	3