

# Individual Best Times (All Time)

## Mawgan Bainbridge - (953427) - Kingston Upon Hull SC

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.29	29.60	328	25/05/19	City of Sheffield Swim Squad No Frills	Sheffield	NE190401	3
100 Freestyle	1:04.60	1:03.30	381	26/05/19	City of Sheffield Swim Squad No Frills	Sheffield	NE190401	3
200 Freestyle	2:21.67	2:19.20	373	14/03/20	Jorvik Spring Festival	Leeds	NE200155	3
50 Breaststroke	41.39	40.60	246	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Breaststroke	1:26.54	1:25.10	283	25/05/19	City of Sheffield Swim Squad No Frills	Sheffield	NE190401	3
200 Breaststroke	3:11.57	3:08.80	281	20/01/18	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE180029	3
50 Butterfly	31.56	31.00	351	26/05/19	City of Sheffield Swim Squad No Frills	Sheffield	NE190401	3
100 Butterfly	1:08.69	1:07.60	373	14/03/20	Jorvik Spring Festival	Leeds	NE200155	3
50 Backstroke	33.48	32.90	348	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
100 Backstroke	1:12.39	1:11.30	362	26/05/19	City of Sheffield Swim Squad No Frills	Sheffield	NE190401	3
200 Backstroke	2:38.12	2:36.00	354	26/05/19	City of Sheffield Swim Squad No Frills	Sheffield	NE190401	3
200 Individual Medley	2:40.31	2:37.80	359	20/01/19	Rotherham Metro A & B Long Course Graded Meet	Sheffield	NE190112	3

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.25	30.00	327	29/02/20	KUHSC Club Championships 2020	Hull	NE200366	4
100 Freestyle	1:05.56	1:06.80	319	20/04/19	KUHSC Club Galas 2019	Ennerdale	NE190162	4
200 Freestyle	2:18.87	2:21.30	366	07/10/18	Kingston Upon Hull Regional Qualifier Short Course	Ennerdale LC	NE181712	3
400 Freestyle	5:05.16	5:09.70	336	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	NE180440	3
1500 Freestyle	19:45.50	20:02.80	364	16/03/18	Kingston Upon Hull Club Championships 2018	Ennerdale	NE180202	4
50 Breaststroke	38.68	39.50	268	13/01/18	Kingston Upon Hull Club Championships 2018	Ennerdale	NE180200	4
100 Breaststroke	1:24.27	1:25.80	282	15/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	NE170734	3
200 Breaststroke	2:58.76	3:01.70	303	15/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	NE170734	3
50 Butterfly	31.44	32.00	331	09/06/24	Kingston upon Hull SC Club Championships 2023-2024	Hull	NE240135	4
100 Butterfly	1:11.34	1:12.40	300	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
200 Butterfly	2:49.54	2:51.40	250	01/06/19	KUHSC Club Galas 2019	Ennerdale	NE190163	4
50 Backstroke	32.67	33.30	309	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Backstroke	1:10.11	1:11.20	327	19/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Backstroke	2:52.27	2:54.20	230	02/07/16	KUH End of Season Short Course Meet	Kingston upon Hull	NE160709	3
200 Individual Medley	2:36.15	2:38.70	346	20/04/19	KUHSC Club Galas 2019	Ennerdale	NE190162	4
400 Individual Medley	5:33.19	5:38.40	350	29/02/20	KUHSC Club Championships 2020	Hull	NE200366	4
100 Individual Medley	1:16.82	1:16.80	263	13/07/19	KUHSC Club Sprints Gala 2019	Ennerdale LC, Hull	NE192294	3