

# Individual Best Times (All Time)

Elyse Kedzior-Macdonough - (953248) - Devonport RSA

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.02	33.40	334	18/02/18	City of Liverpool Splash & Dash 2018	Liverpool	NW180279	3
100 Freestyle	1:26.39	1:25.40	214	03/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3
200 Freestyle	3:03.23	3:01.30	233	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM152306	4
400 Freestyle	6:23.54	6:19.80	231	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3
50 Breaststroke	40.83	40.10	364	18/02/18	City of Liverpool Splash & Dash 2018	Liverpool	NW180279	3
50 Butterfly	38.38	37.90	257	18/02/18	City of Liverpool Splash & Dash 2018	Liverpool	NW180279	3
50 Backstroke	41.00	40.50	281	18/02/18	City of Liverpool Splash & Dash 2018	Liverpool	NW180279	3
200 Individual Medley	3:29.91	3:28.00	216	03/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield	EM150963	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.49	34.10	320	09/03/19	DEVONPORT ROYAL TIME TRIALS	Plymouth	SW190425	4
100 Freestyle	1:08.35	1:09.60	397	13/07/19	DEVONPORT ROYAL SIZZLER MEET	Plymouth	SW190480	3
200 Freestyle	2:29.26	2:31.60	403	14/04/19	Caradon SC & Dinnaton SC Two Counties Spring Open	Plymouth	SW190297	3
400 Freestyle	5:23.46	5:27.80	365	10/06/19	Devon County Developments 2019	Plymouth	SW191626	3
800 Freestyle	11:09.11	11:17.70	363	26/11/17	Peninsular Group Championship Galas	Birkenhead	NW171596	4
50 Breaststroke	39.58	40.40	368	09/03/19	DEVONPORT ROYAL TIME TRIALS	Plymouth	SW190425	4
100 Breaststroke	1:25.68	1:27.10	385	14/01/20	Devon County ASA Championships & Age Group Comp	Plymouth	SW200247	2
200 Breaststroke	3:04.76	3:07.60	386	14/04/19	Caradon SC & Dinnaton SC Two Counties Spring Open	Plymouth	SW190297	3
50 Butterfly	35.83	36.40	315	13/07/19	DEVONPORT ROYAL SIZZLER MEET	Plymouth	SW190480	3
100 Butterfly	1:22.68	1:23.60	279	08/07/18	Swim Conwy Len Thomas Meet	Llandudno	WL181344	2
50 Backstroke	39.72	40.20	256	09/03/19	DEVONPORT ROYAL TIME TRIALS	Plymouth	SW190425	4
100 Backstroke	1:25.13	1:26.10	268	12/03/17	Prescot & Everton Spring Meet 2017	Liverpool	NW170123	3
200 Backstroke	2:58.82	3:00.70	294	03/09/17	Bebington Season Starter	Bebington	NW171589	3
200 Individual Medley	2:50.97	2:53.30	362	13/04/19	Caradon SC & Dinnaton SC Two Counties Spring Open	Plymouth	SW190297	3
400 Individual Medley	6:25.01	6:29.60	304	03/12/17	Peninsular Group Championship Galas	Birkenhead	NW171597	4
100 Individual Medley	1:22.18	1:22.20	325	16/12/17	Winsford 2nd Christmas Development Meet	Winsford	NW172603	3