

Individual Best Times (All Time)

Rhys Dolan - (952433) - Hoddesdon SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.00	31.70	275	18/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	ER171104	3
100 Freestyle	1:08.21	1:09.40	284	30/06/18	Hoddesdon Summer Sprint 2018	Borehamwood	ER180672	3
200 Freestyle	2:31.04	2:33.30	284	19/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	ER171104	3
400 Freestyle	5:27.48	5:31.70	272	16/03/19	BPSC Regional County Qualifier 2019	Basildon	ER190185	3
1500 Freestyle	21:22.20	21:38.20	288	12/11/17	Hoddesdon Long Distance Club Champs 2017	Hoddesdon	ER172341	4
50 Breaststroke	46.10	46.80	158	11/06/17	Hoddesdon Club Championships 2017	Hoddesdon	ER171255	4
100 Breaststroke	1:42.95	1:44.20	154	19/09/15	7th Hoddesdon Open Meet	Borehamwood	ER150483	3
200 Breaststroke	3:43.49	3:45.80	155	22/11/15	3rd Hoddesdon County Qualifier Open Meet	Borehamwood	ER150484	3
50 Butterfly	37.33	37.80	197	19/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	ER171104	3
100 Butterfly	1:48.31	1:49.00	85	07/07/15	Hoddesdon Club Championships 2015	Hoddesdon	ER151232	4
50 Backstroke	33.17	33.80	296	30/06/18	Hoddesdon Summer Sprint 2018	Borehamwood	ER180672	3
100 Backstroke	1:10.11	1:11.20	327	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Woodside	ER172131	3
200 Backstroke	2:42.70	2:44.70	273	18/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	ER171104	3
200 Individual Medley	2:48.10	2:50.40	277	13/10/18	The NASL - London - Rounds 2018 - Div 1 & 2	Borehamwood	ER182072	3
100 Individual Medley	1:20.13	1:20.10	232	19/11/17	5th Hoddesdon County Qualifier Meet	Borehamwood	ER171104	3