

Individual Best Times (All Time)

Elysia Rushworth - (951991) - Godalming ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.21	34.60	301	09/07/17	BWFSC L3 Summer Meet L3	London	LR170898	3
100 Freestyle	1:18.34	1:17.30	287	09/07/17	BWFSC L3 Summer Meet L3	London	LR170898	3
50 Backstroke	40.62	40.10	289	09/07/17	BWFSC L3 Summer Meet L3	London	LR170898	3
100 Backstroke	1:27.71	1:26.80	279	09/07/17	BWFSC L3 Summer Meet L3	London	LR170898	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.45	34.10	322	09/11/18	Godalming Club Champs	Godalming	SE182622	4
100 Freestyle	1:13.54	1:14.70	319	08/09/18	Godalming Joan Wales Open meet	Godalming	SE181932	3
200 Freestyle	2:43.45	2:45.60	307	10/11/17	Godalming Club Championships 2017	Godalming	SE172548	4
400 Freestyle	5:49.59	5:53.60	289	24/11/17	Godalming Club Championships 2017	Godalming	SE172550	4
800 Freestyle	11:46.04	11:54.20	309	11/05/18	GASC Spring Sprints	Godalming LC	SE181407	4
50 Breaststroke	44.48	45.20	259	04/05/18	GASC Spring Sprints	Godalming LC	SE181406	4
100 Breaststroke	1:43.02	1:44.20	221	18/11/16	Godalming Club Championships	Godalming	SE162460	4
200 Breaststroke	3:39.97	3:42.40	228	15/01/17	Cranleigh County Chaser Open Meet	Cranleigh	SE170201	3
50 Butterfly	41.57	42.00	201	17/11/17	Godalming Club Championships 2017	Godalming	SE172549	4
100 Butterfly	1:54.05	1:54.70	106	04/07/15	Godalming Last Days of Summer Open Meet	Godalming	SE151324	3
50 Backstroke	37.00	37.50	317	15/10/17	Cranleigh ASC Autumn Open Meet	Cranleigh	SE172010	3
100 Backstroke	1:21.45	1:22.40	306	08/09/18	Godalming Joan Wales Open meet	Godalming	SE181932	3
200 Backstroke	2:57.68	2:59.60	299	09/11/18	Godalming Club Champs	Godalming	SE182622	4
200 Individual Medley	3:11.53	3:13.60	257	10/11/17	Godalming Club Championships 2017	Godalming	SE172548	4
100 Individual Medley	1:26.70	1:26.70	276	04/05/18	GASC Spring Sprints	Godalming LC	SE181406	4