

Individual Best Times (All Time)

Zoe Jones - (951769) - Mildenhall & District SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.70	34.30	315	15/07/18	City of Cambridge Jeanne Barker July Open	Cambridge	ER180506	3
100 Freestyle	1:16.37	1:17.50	284	21/02/16	Suffolk County Championships 2016	Ipswich	ER160408	2
200 Freestyle	2:54.68	2:56.70	251	03/04/16	Sudbury & District Spring Two Day Open Meet	Sudbury	ER160862	3
400 Freestyle	6:01.41	6:05.30	262	17/04/16	Newmarket & District 8th April Open Meet 2016	Newmarket	ER160232	3
800 Freestyle	13:08.61	13:15.90	221	18/09/16	Mildenhall & District Club Championships	Mildenhall	ER161521	4
1500 Freestyle	24:55.06	25:08.80	224	02/10/16	Mildenhall & District Club Championships	Mildenhall	ER161525	4
50 Breaststroke	46.41	47.10	228	17/04/16	Newmarket & District 8th April Open Meet 2016	Newmarket	ER160232	3
100 Breaststroke	1:46.25	1:47.40	202	19/06/16	Suffolk County ASA County Development Championship	Newmarket	ER161052	3
200 Breaststroke	3:59.44	4:01.60	177	28/06/15	Suffolk County ASA Development Championships	Newmarket	ER150658	3
50 Butterfly	39.09	39.60	242	14/02/16	Suffolk County Championships 2016	Ipswich	ER160407	2
100 Butterfly	1:48.25	1:49.00	124	03/04/16	Sudbury & District Spring Two Day Open Meet	Sudbury	ER160862	3
50 Backstroke	41.83	42.30	219	14/07/18	City of Cambridge Jeanne Barker July Open	Cambridge	ER180506	3
100 Backstroke	1:28.75	1:29.70	236	18/06/16	Suffolk County ASA County Development Championship	Newmarket	ER161052	3
200 Backstroke	3:16.80	3:18.50	220	18/06/16	Suffolk County ASA County Development Championship	Newmarket	ER161052	3
200 Individual Medley	3:19.50	3:21.50	227	13/03/16	West Norfolk Open Meet 2016	Kings Lynn	ER160476	3
400 Individual Medley	7:14.16	7:18.20	212	30/10/16	Mildenhall & District Club Championships	Mildenhall	ER161530	4
100 Individual Medley	1:29.57	1:29.60	251	18/06/16	Suffolk County ASA County Development Championship	Newmarket	ER161052	3