

Individual Best Times (All Time)

Eoghan Cannon - (951646) - Shiverers SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.02	24.20	583	27/02/22	Sussex County ASA County Championships	Crawley	SE220130	1
100 Freestyle	55.76	54.20	593	26/02/22	Sussex County ASA County Championships	Crawley	SE220130	1
200 Freestyle	2:05.41	2:02.60	538	12/02/22	Sussex County ASA County Championships	Crawley	SE220129	1
400 Freestyle	4:31.01	4:25.80	535	27/02/22	Sussex County ASA County Championships	Crawley	SE220130	1
800 Freestyle	9:32.99	9:22.80	491	06/02/22	Sussex County ASA County Championships	Crawley	SE220127	1
1500 Freestyle	19:02.26	18:44.10	443	05/02/17	Sussex County Championships & Age Group Comp	Crawley	SE170352	1
50 Breaststroke	36.08	35.20	372	23/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	SE190456	1
100 Breaststroke	1:30.72	1:29.30	246	28/02/16	Sussex County Championships	Crawley	SE160361	1
200 Breaststroke	3:13.40	3:10.60	273	12/02/17	Sussex County Championships & Age Group Comp	Crawley	SE170353	1
50 Butterfly	34.41	33.90	271	13/02/16	Sussex County Championships	Crawley	SE160360	1
100 Butterfly	1:20.71	1:19.80	229	12/02/17	Sussex County Championships & Age Group Comp	Crawley	SE170353	1
50 Backstroke	29.47	28.80	510	13/02/22	Sussex County ASA County Championships	Crawley	SE220129	1
100 Backstroke	1:03.65	1:02.40	532	30/04/22	Swim England South East Summer Championships	Wycombe	SE220755	1
200 Backstroke	2:23.60	2:21.30	473	26/09/21	Crawley SC Lis Hartley L3 Crawley LC Open Meet 21	Crawley	SE210491	3
200 Individual Medley	2:44.22	2:41.80	334	28/05/16	ASA South East Region Swimming Championships	Crawley	SE160992	1
400 Individual Medley	6:06.00	6:01.20	290	13/02/16	Sussex County Championships	Crawley	SE160360	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.50	25.30	557	19/12/21	Shiverers Club Championships	Hove	SE211592	4
100 Freestyle	53.95	55.50	574	11/12/21	The National Arena Swimming League London Round 3	London	ER210634	2
200 Freestyle	1:59.51	2:02.40	574	18/12/21	Shiverers Club Championships	Hove	SE211592	4
400 Freestyle	4:30.82	4:35.90	481	17/10/21	Sussex County ASA Winter Competition	Crawley	SE211129	2
800 Freestyle	8:52.80	9:03.50	576	16/01/22	Shiverers SC Distance Time Trial	Hove	SE220359	4
1500 Freestyle	19:18.02	19:35.70	391	05/12/15	Crawley Christmas Splash Open Meet	Crawley	SE151330	3
50 Breaststroke	33.02	34.00	431	19/12/21	Shiverers Club Championships	Hove	SE211592	4
100 Breaststroke	1:18.54	1:20.10	348	15/06/19	2019 Shiverers Club Championships	King Alfred	SE192066	4
200 Breaststroke	3:04.45	3:07.30	276	21/10/17	Sussex County ASA Winter Short Competition	Crawley	SE171874	2
50 Butterfly	32.66	33.20	295	13/01/18	Tom Handley Open Meet	Brighton	SE180007	3
100 Butterfly	1:20.28	1:21.20	210	24/09/16	2016 Shiverers Club Championships	Hove	SE161519	4
50 Backstroke	28.37	29.10	473	17/10/21	Sussex County ASA Winter Competition	Crawley	SE211129	2
100 Backstroke	1:01.27	1:02.60	490	17/12/21	Shiverers Club Championships	Hove	SE211592	4
200 Backstroke	2:17.34	2:19.70	454	27/06/21	Shiverers July Time Trials	Hove	SE210231	4
200 Individual Medley	2:34.84	2:37.40	354	14/01/17	Tom Handley Open Meet	Brighton	SE170208	3
400 Individual Medley	5:48.87	5:53.90	304	16/01/16	Shiverers Development Meet	Hove	SE160243	4
100 Individual Medley	1:04.06	1:04.10	455	27/11/21	Atlantis Christmas Cracker 2021	Horsham	SE210225	3