## **Individual Best Times (All Time)**

Poppy Smith - (951532) - City of Southampton SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.92	30.20	445	13/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	WL170095	1
100 Freestyle	1:07.62	1:06.40	447	14/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	WL170095	1
200 Freestyle	2:42.15	2:40.00	337	14/05/16	City of Swansea Long Course Meet 2016	Swansea	WL160621	1
50 Breaststroke	41.92	41.20	336	07/04/18	City of Wells Open Meet 2018	Millfield	SW180174	3
100 Breaststroke	1:28.80	1:27.40	376	07/04/18	City of Wells Open Meet 2018	Millfield	SW180174	3
200 Breaststroke	3:31.24	3:28.70	276	12/04/15	City of Wells Open Meet	Millfield	SW150093	3
50 Butterfly	35.25	34.70	332	13/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	WL170095	1
100 Butterfly	1:26.28	1:25.40	265	07/04/18	City of Wells Open Meet 2018	Millfield	SW180174	3
50 Backstroke	36.33	35.80	404	08/04/18	City of Wells Open Meet 2018	Millfield	SW180174	3
100 Backstroke	1:21.98	1:21.00	341	13/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	WL170095	1
200 Backstroke	2:57.84	2:56.00	331	17/05/15	Swim Swansea Open Meet	Swansea	WL150504	1
200 Individual Medley	2:53.07	2:50.80	386	07/04/18	City of Wells Open Meet 2018	Millfield	SW180174	3

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.67	30.40	461	10/06/17	City of Southampton Closed Meet	Southampton	SE171156	4
100 Freestyle	1:05.71	1:07.00	447	10/06/17	City of Southampton Closed Meet	Southampton	SE171156	4
200 Freestyle	2:28.02	2:30.30	413	01/07/17	Hampshire County Development Competition 2017	Waterlooville	SE171508	3
400 Freestyle	5:12.28	5:16.70	406	01/11/17	City of Southampton Club Championships	Southampton	SE171476	4
800 Freestyle	10:49.73	10:58.60	396	31/10/17	City of Southampton Club Championships	Southampton	SE171475	4
50 Breaststroke	39.41	40.20	373	20/05/18	Portsmouth Northsea May Sprint Meet	Portsmouth	SE180409	3
100 Breaststroke	1:26.61	1:28.10	373	02/07/17	Hampshire County Development Competition 2017	Waterlooville	SE171508	3
200 Breaststroke	3:20.19	3:22.80	303	29/10/17	City of Southampton Club Championships	Southampton	SE171475	4
50 Butterfly	34.32	34.90	358	23/07/17	COSSC 4th Summer Splash Open Meet	Southampton	SE170169	3
100 Butterfly	1:18.50	1:19.50	326	29/10/17	City of Southampton Club Championships	Southampton	SE171475	4
200 Butterfly	3:28.49	3:30.00	188	03/11/15	City of Southampton SC Club Championships	Southampton	SE151026	4
50 Backstroke	35.45	36.00	361	18/11/17	City of Southampton Closed Meet	Southampton	SE171632	4
100 Backstroke	1:19.75	1:20.80	326	29/10/17	City of Southampton Club Championships	Southampton	SE171475	4
200 Backstroke	2:55.91	2:57.80	309	05/07/15	Hampshire County Development Competition 2015	Waterlooville	SE150939	3
200 Individual Medley	2:46.74	2:49.10	390	29/10/17	City of Southampton Club Championships	Southampton	SE171475	4
400 Individual Medley	5:56.51	6:01.40	383	30/10/17	City of Southampton Club Championships	Southampton	SE171475	4
100 Individual Medley	1:17.50	1:17.50	387	02/07/17	Hampshire County Development Competition 2017	Waterlooville	SE171508	3

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