

# Individual Best Times (All Time)

Kate Haveron Jones - (951430) - Wycombe District SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.44	28.70	515	12/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190015	1
100 Freestyle	1:02.93	1:01.60	554	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
200 Freestyle	2:14.97	2:12.40	584	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	SE190056	1
400 Freestyle	4:38.26	4:33.20	605	05/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	SE172007	1
800 Freestyle	9:30.30	9:20.10	614	30/03/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
1500 Freestyle	18:06.13	17:47.00	608	01/07/18	Scottish National Open Championships	Tollcross	SCO1495	1
50 Breaststroke	38.52	37.70	433	16/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
100 Breaststroke	1:26.44	1:25.00	408	18/02/18	WDSC Dual Award Long Course Meet 2018	Wycombe	SE180603	3
200 Breaststroke	3:00.54	2:57.60	442	31/03/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
50 Butterfly	31.64	31.00	460	28/05/17	ASA South East Region Championships 2017	Crawley	SE170867	1
100 Butterfly	1:14.76	1:13.70	408	22/09/18	WDSC Club Championships 2018	Wycombe	SE181863	4
50 Backstroke	34.16	33.60	486	26/05/18	London Swimming 2018 Long Course Summer Open	London	LR181069	1
100 Backstroke	1:14.82	1:13.70	449	26/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190016	1
200 Backstroke	2:37.20	2:35.10	480	23/09/18	WDSC Club Championships 2018	Wycombe	SE181863	4
200 Individual Medley	2:34.95	2:32.40	539	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	SE180159	1
400 Individual Medley	5:22.46	5:17.00	560	20/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	SE190069	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.70	29.40	509	17/11/19	Guildford City Winter Open Meet	Surrey Sports Park	SE191744	2
100 Freestyle	1:00.92	1:02.30	561	25/11/18	WDSC Short Course (L3) County & Regional Qualifier	Wycombe LC	SE181875	3
200 Freestyle	2:09.50	2:12.20	618	17/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
400 Freestyle	4:27.32	4:32.50	647	17/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
800 Freestyle	9:06.84	9:17.30	665	03/11/18	Swim England South East Open & Junior Champs	Portsmouth	SE182559	2
50 Breaststroke	37.24	38.10	442	01/12/18	Maxwell December Meet	Aylesbury	SE182577	3
100 Breaststroke	1:20.85	1:22.40	458	09/12/17	NASLS - Round Three	Maidenhead	SE172623	3
200 Breaststroke	2:52.67	2:55.70	473	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	LR172525	3
50 Butterfly	31.47	32.10	464	01/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
100 Butterfly	1:10.15	1:11.20	457	02/12/18	Maxwell December Meet	Aylesbury	SE182577	3
200 Butterfly	2:45.86	2:47.80	375	24/06/17	Hatfield Summer Meet 2017	Hatfield	ER171273	2
50 Backstroke	33.13	33.70	442	02/12/18	Maxwell December Meet	Aylesbury	SE182577	3
100 Backstroke	1:08.72	1:09.90	509	25/11/18	WDSC Short Course (L3) County & Regional Qualifier	Wycombe LC	SE181875	3
200 Backstroke	2:27.35	2:29.60	525	02/12/18	Maxwell December Meet	Aylesbury	SE182577	3
200 Individual Medley	2:28.90	2:31.50	548	01/12/18	Maxwell December Meet	Aylesbury	SE182577	3
400 Individual Medley	5:08.51	5:14.10	591	30/06/19	Hatfield Summer Meet 2019	Herts Sports Village	ER191325	2
100 Individual Medley	1:10.85	1:10.80	507	16/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	ER182238	3