

Individual Best Times (All Time)

Theo Rogers - (950760) - Portsmouth Northsea SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.39	25.60	497	15/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
100 Freestyle	57.01	55.50	555	26/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
200 Freestyle	2:01.58	1:58.70	590	29/04/17	ASA South East Region Championships 2017	Wycombe	SE170865	1
50 Butterfly	27.70	27.00	519	19/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	SE190069	1
100 Butterfly	1:00.46	59.20	547	03/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
200 Butterfly	2:17.06	2:14.70	521	05/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
400 Individual Medley	5:45.15	5:40.00	346	01/03/15	Hampshire County ASA Championships	Portsmouth	CC150864	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.82	26.60	475	10/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
100 Freestyle	55.51	57.00	527	22/09/18	Hampshire County Open & Junior Champs 2018	Southampton	SE181636	2
200 Freestyle	1:59.65	2:02.50	572	10/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
400 Freestyle	4:28.02	4:33.20	496	13/10/17	Havent & Waterlooville Club Champs 2017	Waterlooville	SE172281	4
50 Breaststroke	37.43	38.30	296	21/11/15	Peter Bull Open Meet	Waterlooville	SE152132	3
100 Breaststroke	1:24.74	1:26.20	277	22/11/15	Peter Bull Open Meet	Waterlooville	SE152132	3
200 Breaststroke	3:03.92	3:06.80	278	17/10/15	Havant & Waterlooville Club Championships	Waterlooville	SE151950	4
50 Butterfly	27.29	28.00	506	03/11/18	Swim England South East Open & Junior Champs	Portsmouth	SE182559	2
100 Butterfly	59.78	1:01.00	510	18/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
200 Butterfly	2:13.87	2:16.20	508	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
50 Backstroke	34.22	34.80	269	08/03/15	Hampshire County ASA Championships	Waterlooville	CC150870	1
100 Backstroke	1:12.55	1:13.60	295	22/11/15	Peter Bull Open Meet	Waterlooville	SE152132	3
200 Backstroke	2:32.07	2:34.20	335	21/11/15	Peter Bull Open Meet	Waterlooville	SE152132	3
200 Individual Medley	2:23.64	2:26.40	444	15/10/16	Havant & Waterlooville Club Championships	Waterlooville	SE162232	4
400 Individual Medley	5:04.65	5:10.40	457	15/10/17	Havent & Waterlooville Club Champs 2017	Waterlooville	SE172281	4
100 Individual Medley	1:07.79	1:07.80	384	14/10/17	Havent & Waterlooville Club Champs 2017	Waterlooville	SE172281	4