

Individual Best Times (All Time)

Louise MacArthur - (950433) - Heart Of Midlothian ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.34	29.60	471	06/05/18	East District Open Championships	Edinburgh	SCO1461	1
100 Freestyle	1:04.71	1:03.40	510	09/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	SCO1596	1
200 Freestyle	2:17.87	2:15.30	548	01/04/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
400 Freestyle	4:45.50	4:40.50	560	14/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
800 Freestyle	9:44.14	9:34.20	571	29/06/18	Scottish National Open Championships	Tollcross	SCO1495	1
1500 Freestyle	18:27.56	18:08.80	574	01/07/18	Scottish National Open Championships	Tollcross	SCO1495	1
50 Breaststroke	37.98	37.10	452	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Breaststroke	1:19.81	1:18.20	518	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
200 Breaststroke	2:51.18	2:48.10	518	27/01/18	Brodies Schools Swimming Championships	Dolan Aqua Centre	SCO1417	1
50 Butterfly	32.53	31.90	423	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Butterfly	1:13.90	1:12.90	423	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
100 Backstroke	1:13.64	1:12.50	471	03/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
200 Backstroke	2:37.28	2:35.10	479	28/03/18	Scottish National Age Group Championships	Tollcross	SCO1441	1
200 Individual Medley	2:32.37	2:29.80	567	02/02/18	East District Age Groups 2018 Round 3	Edinburgh	SCO1419	1
400 Individual Medley	5:27.63	5:22.20	534	28/06/18	Scottish National Open Championships	Tollcross	SCO1495	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.12	30.80	441	07/10/17	Hearts Premier Age Group Meet	Prestonpans	SCO1345	2
100 Freestyle	1:06.01	1:07.30	441	22/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
200 Freestyle	2:13.42	2:16.00	565	17/02/18	Carnegie Open Spring Age Group Meet 2018	Dunfermline	SCO1420	2
400 Freestyle	4:32.08	4:37.20	614	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SCO1389	2
800 Freestyle	9:23.25	9:33.40	608	25/11/17	EDAG 17 Round 1	Michael Woods Centre	SCO1431	2
1500 Freestyle	17:52.16	18:11.20	607	26/11/17	EDAG 17 Round 1	Michael Woods Centre	SCO1431	2
50 Breaststroke	38.81	39.60	390	24/09/16	Scottish National Teams	Glasgow	SCO1175	1
100 Breaststroke	1:18.91	1:20.50	493	23/09/17	Scottish National Team Champs 2017	Aberdeen	SCO1347	1
200 Breaststroke	2:45.45	2:48.60	538	15/01/17	East District Age Groups Round 2	Edinburgh	SCO1236	1
50 Butterfly	42.17	42.60	193	08/11/14	Lothian Region Graded Meet	Prestonpans	SCO902	2
100 Butterfly	1:24.71	1:25.60	259	07/03/15	Lothian Leagues 2015 Round 1	Prestonpans	SCO950	2
200 Butterfly	2:41.30	2:43.20	407	14/01/18	EDAG Round 2 2018	Michael Woods Centre	SCO1432	2
50 Backstroke	44.66	45.10	180	08/11/14	Lothian Region Graded Meet	Prestonpans	SCO902	2
100 Backstroke	1:14.08	1:15.20	406	28/10/18	Carnegie Winter Open Meet 2018	Michael Woods Centre	SCO1533	2
200 Backstroke	2:28.58	2:30.80	512	14/01/18	EDAG Round 2 2018	Michael Woods Centre	SCO1432	2
200 Individual Medley	2:33.97	2:36.50	495	23/09/17	Scottish National Team Champs 2017	Aberdeen	SCO1347	1
400 Individual Medley	5:10.27	5:15.90	581	25/11/17	EDAG 17 Round 1	Michael Woods Centre	SCO1431	2
100 Individual Medley	1:30.80	1:30.80	241	08/11/14	Lothian Region Graded Meet	Prestonpans	SCO902	2