

Individual Best Times (All Time)

Abigail Fyall - (950178) - Dumfries ASC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 30.52 | 29.80 | 462 | 02/02/20 | 2020 WD Long Course Championships - WE2 | Tollcross | SCO1783 | 1 |
| 100 Freestyle | 1:13.06 | 1:11.90 | 354 | 25/06/16 | City of Leeds B Grade Meet 2016 | Leeds | NE160163 | 3 |
| 200 Freestyle | 2:47.18 | 2:45.10 | 307 | 25/06/16 | City of Leeds B Grade Meet 2016 | Leeds | NE160163 | 3 |
| 50 Breaststroke | 37.18 | 36.30 | 482 | 20/01/19 | City of Sunderland New Year Meet 2019 | Sunderland | NE190293 | 1 |
| 100 Breaststroke | 1:22.57 | 1:21.00 | 468 | 26/01/19 | Brodies Schools Swimming Championships | Tollcross | SCO1592 | 1 |
| 200 Breaststroke | 2:59.17 | 2:56.20 | 452 | 17/07/21 | Scottish Summer Festival of Swimming | Edinburgh | SCO1817 | 1 |
| 50 Butterfly | 32.13 | 31.50 | 439 | 22/09/19 | City of Sheffield Swim Squad Teaspoon Gala | Sheffield | NE190405 | 3 |
| 100 Butterfly | 1:12.43 | 1:11.40 | 449 | 19/01/19 | City of Sunderland New Year Meet 2019 | Sunderland | NE190293 | 1 |
| 50 Backstroke | 36.55 | 36.00 | 396 | 22/09/19 | City of Sheffield Swim Squad Teaspoon Gala | Sheffield | NE190405 | 3 |
| 100 Backstroke | 1:23.56 | 1:22.60 | 322 | 22/01/17 | City of Sunderland SC New Year Meet 2017 | Sunderland | NE170490 | 1 |
| 200 Individual Medley | 2:42.70 | 2:40.30 | 465 | 02/02/20 | 2020 WD Long Course Championships - WE2 | Tollcross | SCO1783 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|---------------------|----------|-------|
| 50 Freestyle | 29.72 | 30.40 | 459 | 09/06/19 | Cumbernauld Open Age Group and Senior Meet | Tryst Sports Centre | SCO1678 | 2 |
| 100 Freestyle | 1:05.65 | 1:06.90 | 448 | 17/11/19 | 2019 SS West District SC SAG Championships | Glasgow | SCO1746 | 2 |
| 200 Freestyle | 2:20.80 | 2:23.20 | 480 | 24/11/19 | Dumfries ASC Advent Open 2019 | Dumfries | SCO1755 | 2 |
| 800 Freestyle | 10:24.48 | 10:33.70 | 446 | 04/10/19 | Carlisle Aquatics October Swimfest | Carlisle | NW192166 | 3 |
| 50 Breaststroke | 37.67 | 38.50 | 427 | 07/09/19 | 2019 SS West District SC AG Sprints & Relay Champs | Tollcross | SCO1713 | 1 |
| 100 Breaststroke | 1:19.14 | 1:20.70 | 489 | 20/11/21 | 2021 SS West District SC "Time Trials 2" Meet | Tollcross, Glasgow | SCO1831 | 2 |
| 200 Breaststroke | 2:51.18 | 2:54.20 | 485 | 24/11/19 | Dumfries ASC Advent Open 2019 | Dumfries | SCO1755 | 2 |
| 50 Butterfly | 31.85 | 32.40 | 448 | 07/09/19 | 2019 SS West District SC AG Sprints & Relay Champs | Tollcross | SCO1713 | 1 |
| 100 Butterfly | 1:10.48 | 1:11.50 | 451 | 24/11/18 | Dumfries ASC Advent Open 2018 | Dumfries | SCO1559 | 2 |
| 200 Butterfly | 2:35.56 | 2:37.60 | 454 | 15/12/19 | Scottish National Short Course Championships | Edinburgh | SCO1762 | 2 |
| 50 Backstroke | 34.69 | 35.30 | 385 | 02/09/18 | 2018 SS West District SC Sprints & Relay Champs | Tollcross | SCO1516 | 1 |
| 100 Backstroke | 1:15.93 | 1:17.00 | 377 | 24/11/18 | Dumfries ASC Advent Open 2018 | Dumfries | SCO1559 | 2 |
| 200 Backstroke | 3:00.99 | 3:02.80 | 283 | 27/11/16 | Dumfries Advent Open 2016 | Dumfries | SCO1208 | 2 |
| 200 Individual Medley | 2:33.97 | 2:36.50 | 495 | 24/11/19 | Dumfries ASC Advent Open 2019 | Dumfries | SCO1755 | 2 |
| 100 Individual Medley | 1:12.64 | 1:12.60 | 470 | 08/09/19 | 2019 SS West District SC AG Sprints & Relay Champs | Tollcross | SCO1713 | 1 |