

Individual Best Times (All Time)

Rhys Jenkins - (950109) - City of Salford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.74	24.90	536	30/03/24	Liverpool National Qualifier Meet 2024	Liverpool	NW240301	1
100 Freestyle	54.82	53.30	624	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
200 Freestyle	2:03.73	2:00.90	560	10/02/24	Lancashire County Championships 2024	Manchester	NW240297	1
400 Freestyle	4:29.83	4:24.60	542	28/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
1500 Freestyle	19:22.67	19:04.80	420	12/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200180	1
50 Breaststroke	49.63	49.00	142	18/02/18	City of Liverpool Splash & Dash 2018	Liverpool	NW180279	3
50 Butterfly	26.84	26.10	571	05/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
50 Backstroke	28.55	27.80	561	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Backstroke	1:02.27	1:01.00	569	17/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
200 Backstroke	2:18.52	2:16.10	527	16/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
200 Individual Medley	2:42.54	2:40.10	345	26/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200179	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.21	26.00	511	15/06/24	Flixton ST Sprint Club Champs 2024	Urmston	NW240966	4
100 Freestyle	55.48	57.00	527	23/09/23	City of Salford Club Championships 2023	Broughton	NW231630	4
200 Freestyle	2:02.73	2:05.50	530	19/03/23	City of Salford SC Spring Meet 2023	Broughton	NW230207	3
400 Freestyle	4:31.60	4:36.70	477	09/12/23	City of Salford Long Distance Meet 2023	Broughton	NW232397	4
1500 Freestyle	18:21.12	18:39.70	454	08/12/19	Flixton Club Championship Distance Meet S3	Urmston	NW193291	4
50 Breaststroke	39.00	39.80	261	09/06/19	Flixton Club Championship Sprint Meet	Irlam & Cadishead LC	NW192165	4
100 Breaststroke	1:26.31	1:27.80	262	08/06/19	Flixton Club Championship Sprint Meet	Irlam & Cadishead LC	NW192165	4
50 Butterfly	26.27	27.00	567	04/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
100 Butterfly	1:06.97	1:08.10	363	21/05/22	Bolton Metro Swimming Squad & City of Salford SC	Broughton	NW220976	3
200 Butterfly	2:41.91	2:43.90	287	16/11/19	Flixton Club Championship Distance Meet	Irlam and Cadishead	NW192985	4
50 Backstroke	27.54	28.30	517	15/07/23	City of Salford Summer Spectacular Meet 2023	Broughton	NW230231	3
100 Backstroke	1:01.70	1:03.00	480	23/09/23	City of Salford Club Championships 2023	Broughton	NW231630	4
200 Backstroke	2:16.11	2:18.50	467	16/07/23	City of Salford Summer Spectacular Meet 2023	Broughton	NW230231	3
200 Individual Medley	2:24.27	2:27.00	438	23/09/23	City of Salford Club Championships 2023	Broughton	NW231630	4
100 Individual Medley	1:12.46	1:12.50	314	08/06/19	Flixton Club Championship Sprint Meet	Irlam & Cadishead LC	NW192165	4