

# Individual Best Times (All Time)

Ben Evans - (950038) - Wirral Metro SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.15	32.50	250	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
100 Freestyle	57.42	55.90	543	09/04/16	Swim Ulster AG & Yth Long Course Championships	Leinster, NI	GBR320	1
200 Freestyle	2:09.77	2:07.10	485	08/04/16	Swim Ulster AG & Yth Long Course Championships	Leinster, NI	GBR320	1
400 Freestyle	4:40.52	4:35.50	482	10/04/16	Swim Ulster AG & Yth Long Course Championships	Leinster, NI	GBR320	1
100 Breaststroke	1:39.29	1:38.00	188	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
100 Butterfly	1:24.90	1:24.00	197	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
50 Backstroke	38.75	38.20	224	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.21	28.00	406	15/09/15	Wirral Metro Club Championships 2015	Birkenhead	NW151381	4
100 Freestyle	58.80	1:00.20	443	25/10/15	Manchester International Meet 2015	Manchester	NW151667	2
200 Freestyle	2:10.41	2:13.00	442	08/11/15	ASA North West Region Winter Championships	Liverpool	NW151659	2
400 Freestyle	4:33.60	4:38.70	466	25/10/15	Manchester International Meet 2015	Manchester	NW151667	2
1500 Freestyle	18:47.80	19:06.00	423	16/09/15	Wirral Metro Club Championships 2015	Birkenhead	NW151382	4
50 Breaststroke	41.24	42.00	221	21/12/14	Wirral Metro 2014 Level 3 Christmas Gala	Birkenhead	NW4586	3
100 Breaststroke	1:30.63	1:32.00	226	21/12/14	Wirral Metro 2014 Level 3 Christmas Gala	Birkenhead	NW4586	3
200 Breaststroke	3:25.33	3:27.90	200	16/09/13	Wirral Metro Club Championships 2013	Birkenhead	NW3163	4
50 Butterfly	30.86	31.50	350	04/10/15	Wirral Metro Autumn Open Meet	Birkenhead	NW150534	2
100 Butterfly	1:08.97	1:10.10	332	12/04/15	Wirral Metro April Development Meet	Birkenhead	NW150165	3
200 Butterfly	3:01.88	3:03.60	202	20/12/14	Wirral Metro 2014 Level 3 Christmas Gala	Birkenhead	NW4586	3
50 Backstroke	31.98	32.60	330	04/10/15	Wirral Metro Autumn Open Meet	Birkenhead	NW150534	2
100 Backstroke	1:10.09	1:11.20	327	04/10/15	Wirral Metro Autumn Open Meet	Birkenhead	NW150534	2
200 Backstroke	2:57.64	2:59.50	210	13/09/14	Wirral Metro 2014 Club Championships	Birkenhead	NW4184	4
200 Individual Medley	2:31.44	2:34.00	379	04/10/15	Wirral Metro Autumn Open Meet	Birkenhead	NW150534	2
400 Individual Medley	6:07.69	6:12.40	260	13/09/14	Wirral Metro 2014 Club Championships	Birkenhead	NW4184	4