

# Individual Best Times (All Time)

Daniel McCormick - (949774) - West Dunbartonshire ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.00	31.30	279	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Freestyle	59.11	57.70	498	18/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Freestyle	2:10.41	2:07.70	478	17/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
400 Freestyle	4:54.36	4:49.60	417	11/05/19	2019 WD Future Stars AG Open Meet	Tollcross	SCO1658	1
1500 Freestyle	18:32.19	18:13.50	480	02/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
50 Breaststroke	47.80	47.10	160	01/05/16	COAST Long Course Meet	Aberdeen	SCO1116	1
100 Breaststroke	1:28.35	1:26.90	266	07/04/19	COGST Graded Meet 2019	Tollcross	SCO1635	2
200 Breaststroke	3:26.45	3:23.90	224	28/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	SCO1453	1
50 Butterfly	32.71	32.10	315	07/04/19	COGST Graded Meet 2019	Tollcross	SCO1635	2
100 Butterfly	1:15.23	1:14.20	284	06/04/19	COGST Graded Meet 2019	Tollcross	SCO1635	2
200 Butterfly	3:12.45	3:10.80	188	04/02/18	2018 SS West District LC Age Group Championships	East Kilbride	SCO1409	1
50 Backstroke	32.94	32.30	365	01/03/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
100 Backstroke	1:07.22	1:06.00	452	17/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Backstroke	2:25.59	2:23.30	454	18/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Individual Medley	2:25.61	2:22.90	479	16/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
400 Individual Medley	5:45.08	5:39.90	347	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.41	29.10	357	22/12/19	SAST Open Age Group Meet 2019	Ayr	SCO1765	2
100 Freestyle	56.86	58.30	490	26/06/21	Tighinn Comhla	Various	LXX011	0
200 Freestyle	2:02.96	2:05.70	527	26/06/21	Tighinn Comhla	Various	LXX011	0
400 Freestyle	4:35.02	4:40.10	459	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
800 Freestyle	9:46.66	9:56.40	431	16/02/19	North Ayrshire 200 Meet 2019	Stevenston	SCO1603	2
1500 Freestyle	17:56.63	18:15.60	486	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
50 Breaststroke	40.63	41.40	231	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Breaststroke	1:25.26	1:26.70	272	15/12/18	Cumbernauld Christmas Sprints 2018	Tryst Sports Centre	SCO1574	2
200 Breaststroke	2:50.81	2:53.90	348	15/02/20	North Ayrshire 200	Ayrshire	SCO1802	2
50 Butterfly	31.48	32.10	329	22/12/19	SAST Open Age Group Meet 2019	Ayr	SCO1765	2
100 Butterfly	1:05.81	1:07.00	382	15/01/22	2022 SS West District SC January "Pentaqua" Meet	Tollcross, Glasgow	SCO1843	2
200 Butterfly	3:05.23	3:06.90	191	25/11/17	Dumfries ASC Advent Open 2017	Dumfries	SCO1374	2
50 Backstroke	32.62	33.20	311	13/04/19	Stirling Spring Open Meet	Grangemouth	SCO1650	2
100 Backstroke	1:04.46	1:05.70	421	15/01/22	2022 SS West District SC January "Pentaqua" Meet	Tollcross, Glasgow	SCO1843	2
200 Backstroke	2:17.21	2:19.60	456	06/02/22	2022 SS West District SC Champs	Tollcross, Glasgow	SCO1848	2
200 Individual Medley	2:16.56	2:19.40	517	26/06/21	Tighinn Comhla	Various	LXX011	0
400 Individual Medley	5:15.32	5:20.80	412	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
100 Individual Medley	1:17.33	1:17.30	258	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1