

# Individual Best Times (All Time)

Alice Fidalgo-Hull - (949634) - Workington SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.04	32.40	364	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
100 Freestyle	1:08.91	1:07.70	422	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
200 Freestyle	2:39.87	2:37.70	351	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	NE171638	3
50 Breaststroke	39.81	39.00	392	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
100 Breaststroke	1:27.90	1:26.50	388	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
200 Breaststroke	2:54.02	2:51.00	493	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
50 Butterfly	40.59	40.10	218	30/06/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
50 Backstroke	38.17	37.60	348	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
100 Backstroke	1:21.96	1:21.00	342	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
200 Backstroke	2:49.90	2:47.90	380	30/06/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
200 Individual Medley	2:45.82	2:43.40	439	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.60	32.30	382	08/02/20	2020 Cumbria County Championships and Age Groups	Workington	NW200216	2
100 Freestyle	1:07.89	1:09.10	405	08/02/20	2020 Cumbria County Championships and Age Groups	Workington	NW200216	2
200 Freestyle	2:27.78	2:30.10	415	30/11/19	CUMBRIA 2019 CUMBRIAN WINTER MEET	Carlisle	NW193136	3
50 Breaststroke	38.89	39.70	388	08/02/20	2020 Cumbria County Championships and Age Groups	Workington	NW200216	2
100 Breaststroke	1:23.25	1:24.80	420	23/11/19	Allerdale Club Championships 2019	Workington	NW192779	3
200 Breaststroke	2:54.90	2:57.90	455	25/01/20	2020 Cumbria County Championships and Age Groups	Workington	NW200215	2
50 Butterfly	37.76	38.30	269	30/11/19	CUMBRIA 2019 CUMBRIAN WINTER MEET	Carlisle	NW193136	3
100 Butterfly	1:38.93	1:39.70	163	03/12/16	2016 Cumbria Winter Meet	Kendal	NW162515	3
200 Butterfly	4:16.42	4:17.70	101	03/10/15	Cockermouth SC club Championships	Cockermouth	NW151067	4
50 Backstroke	37.20	37.70	312	23/11/19	Allerdale Club Championships 2019	Workington	NW192779	3
100 Backstroke	1:17.63	1:18.70	353	08/06/19	24th Copeland Graded Gala	Whitehaven	NW191764	3
200 Backstroke	2:41.34	2:43.40	400	23/11/19	Allerdale Club Championships 2019	Workington	NW192779	3
200 Individual Medley	2:40.66	2:43.10	436	23/11/19	Allerdale Club Championships 2019	Workington	NW192779	3
400 Individual Medley	5:44.70	5:49.80	423	25/01/20	2020 Cumbria County Championships and Age Groups	Workington	NW200215	2
100 Individual Medley	1:17.51	1:17.50	387	24/11/19	Allerdale Club Championships 2019	Workington	NW192779	3