

Individual Best Times (All Time)

Ciaran Smith - (949595) - Hillingdon Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	45.75	46.20	85	26/01/14	Hillingdon RNSS Club Champs	Northwood	LR4274	4
50 Backstroke	53.00	53.40	72	26/01/14	Hillingdon RNSS Club Champs	Northwood	LR4274	4