

Individual Best Times (All Time)

Isabel Causer - (948794) - City of Sheffield Swim Squad Ltd

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.67	34.10	315	12/03/17	City of Sheffield March Madness	Sheffield	NE170247	3
100 Freestyle	1:15.54	1:14.40	320	22/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
200 Freestyle	2:50.00	2:47.90	292	19/05/18	City of Sheffield Swim Squad No Frills 2018	Sheffield	NE180163	3
400 Freestyle	6:07.35	6:03.50	263	25/06/16	City of Leeds B Grade Meet 2016	Leeds	NE160163	3
50 Breaststroke	39.14	38.30	413	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Breaststroke	1:28.71	1:27.30	377	04/03/18	City of Sheffield Swim Squad	Sheffield	NE180162	3
200 Breaststroke	3:13.21	3:10.50	360	22/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
50 Butterfly	41.69	41.20	201	12/03/17	City of Sheffield March Madness	Sheffield	NE170247	3
50 Backstroke	40.76	40.30	286	23/09/18	City of Sheffield 36th Annual Teaspoon Gala 2018	Sheffield	NE180167	3
100 Backstroke	1:27.51	1:26.60	281	21/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
200 Backstroke	3:09.88	3:08.10	272	21/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
200 Individual Medley	3:08.23	3:06.10	300	22/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.45	35.10	294	22/04/18	Borough of Kirklees Spring Open Meet	Huddersfield	NE180621	3
100 Freestyle	1:18.02	1:19.10	267	22/04/18	Borough of Kirklees Spring Open Meet	Huddersfield	NE180621	3
200 Freestyle	2:50.30	2:52.30	271	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
50 Breaststroke	40.13	40.90	353	22/04/18	Borough of Kirklees Spring Open Meet	Huddersfield	NE180621	3
100 Breaststroke	1:27.81	1:29.20	358	22/04/18	Borough of Kirklees Spring Open Meet	Huddersfield	NE180621	3
200 Breaststroke	3:17.90	3:20.60	314	08/01/17	Harrogate Janus A & B Grade Meet	Harrogate	NE170166	3
50 Butterfly	41.91	42.40	196	28/01/18	Alec James BML Individual Championships 2017	Adwick	NE180486	3
50 Backstroke	39.79	40.30	255	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
100 Backstroke	1:31.54	1:32.40	215	27/03/16	Weston-Super-Mare 14th Easter Meet	Weston super Mare	SW160589	3
200 Backstroke	3:07.90	3:09.70	253	27/03/16	Weston-Super-Mare 14th Easter Meet	Weston super Mare	SW160589	3
200 Individual Medley	3:10.31	3:12.40	262	08/01/17	Harrogate Janus A & B Grade Meet	Harrogate	NE170166	3
100 Individual Medley	1:41.31	1:41.30	173	05/04/15	Weston 13th Easter Open Meet	Hutton Moor	SW150442	3