

Individual Best Times (All Time)

Jena Brown - (948564) - Alloa ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.95	33.60	337	19/03/17	REN96 Graded Meet	Linwood	SCO1269	2
100 Freestyle	1:11.37	1:12.50	349	19/03/17	REN96 Graded Meet	Linwood	SCO1269	2
200 Freestyle	2:32.45	2:34.70	378	13/05/17	InCAS Distance Meet	Michael Woods Centre	SCO1300	2
400 Freestyle	5:15.69	5:20.10	393	22/10/17	Alloa Graded Meet 2017	Stirling	SCO1355	2
50 Breaststroke	45.37	46.10	244	22/10/17	Alloa Graded Meet 2017	Stirling	SCO1355	2
100 Breaststroke	1:39.20	1:40.50	248	25/03/17	Falkirk Extended Mini Meet Gala	Falkirk	SCO1267	2
200 Breaststroke	3:36.69	3:39.10	239	25/10/15	Alloa Graded Meet 2015	Alloa	SCO1032	2
50 Butterfly	38.96	39.40	245	28/08/16	2016 SASA West District SR Champs	Glasgow	SCO1161	1
100 Butterfly	1:25.63	1:26.50	251	25/03/17	Falkirk Extended Mini Meet Gala	Falkirk	SCO1267	2
200 Butterfly	3:29.02	3:30.50	187	20/06/15	Aquanauts 14th Graded	Livingston	SCO100	2
50 Backstroke	37.23	37.80	311	27/08/17	2017 SS West District SC Sprints and Relay	Ayr	SCO1326	1
100 Backstroke	1:19.88	1:20.90	324	25/03/17	Falkirk Extended Mini Meet Gala	Falkirk	SCO1267	2
200 Backstroke	2:46.48	2:48.50	364	22/10/17	Alloa Graded Meet 2017	Stirling	SCO1355	2
200 Individual Medley	2:56.50	2:58.70	329	14/05/17	InCAS Distance Meet	Michael Woods Centre	SCO1300	2
400 Individual Medley	6:12.70	6:17.40	335	13/05/17	InCAS Distance Meet	Michael Woods Centre	SCO1300	2
100 Individual Medley	1:23.60	1:23.60	308	22/10/17	Alloa Graded Meet 2017	Stirling	SCO1355	2