

Individual Best Times (All Time)

Holly Thomas - (947293) - City of Bristol SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.03	28.30	537	27/01/19	Somerset County Championships 2019	Millfield	SW190286	1
100 Freestyle	1:02.24	1:00.90	573	01/02/20	Somerset County Championships	Millfield	SW200232	1
200 Freestyle	2:15.56	2:13.00	576	07/04/18	City of Bristol International Open Meet	Hengrove Park	SW180691	1
400 Freestyle	4:53.28	4:48.50	516	14/07/18	City of Bristol Summer Festival	Hengrove LC	SW181401	3
800 Freestyle	10:15.45	10:06.00	488	21/01/18	Somerset County Championships 2018	Millfield	SW180227	1
50 Butterfly	30.28	29.60	525	07/04/19	City of Bristol International Open Meet	Hengrove Park	SW191151	1
100 Butterfly	1:07.48	1:06.30	555	10/02/19	Somerset County Championships 2019	Millfield	SW190288	1
200 Butterfly	2:31.10	2:29.00	523	25/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
50 Backstroke	32.44	31.80	567	29/06/19	Team Bath AS Pre-National Summer Special	Hengrove LC	SW191735	1
100 Backstroke	1:08.21	1:07.00	593	03/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
200 Backstroke	2:24.48	2:22.20	619	04/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
200 Individual Medley	2:34.00	2:31.40	549	01/02/20	Somerset County Championships	Millfield	SW200232	1
400 Individual Medley	5:53.22	5:48.20	426	09/07/17	City of Bristol Summer Festival	Bristol	SW171112	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.25	29.00	534	02/11/19	South West Region Winter SC Championships	Millfield	SW192612	2
100 Freestyle	1:03.05	1:04.40	506	16/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	SW182681	2
200 Freestyle	2:10.90	2:13.50	598	07/12/19	CoB L3 SC Christmas Cracker Open Meet	Hengrove	SW193184	3
400 Freestyle	4:34.01	4:39.10	601	07/12/19	CoB L3 SC Christmas Cracker Open Meet	Hengrove	SW193184	3
800 Freestyle	10:06.01	10:15.50	488	06/10/17	Gloucester Autumn Meet	Gloucester	SW171769	3
50 Breaststroke	37.37	38.20	437	07/12/19	CoB L3 SC Christmas Cracker Open Meet	Hengrove	SW193184	3
100 Breaststroke	1:30.11	1:31.50	331	28/05/17	Southwold Annual May Open Meet	Gloucester	SW170197	3
200 Breaststroke	3:18.66	3:21.30	310	23/09/17	Backwell Club Championships 2017 Sprint Meet	Backwell	SW171607	4
50 Butterfly	29.97	30.60	538	19/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	SW192671	2
100 Butterfly	1:06.15	1:07.30	545	04/11/18	ASA SWR Winter Championships	Millfield	SW180511	2
200 Butterfly	2:25.50	2:27.70	555	03/11/18	ASA SWR Winter Championships	Millfield	SW180511	2
50 Backstroke	31.48	32.10	516	03/11/19	South West Region Winter SC Championships	Millfield	SW192612	2
100 Backstroke	1:05.68	1:06.90	583	16/11/19	Super Series Autumn Level 2 Short Course Meet	Hengrove	SW192989	2
200 Backstroke	2:18.37	2:20.80	635	17/11/19	Super Series Autumn Level 2 Short Course Meet	Hengrove	SW192989	2
200 Individual Medley	2:26.81	2:29.50	571	08/12/19	CoB L3 SC Christmas Cracker Open Meet	Hengrove	SW193184	3
100 Individual Medley	1:08.48	1:08.50	561	16/11/19	Super Series Autumn Level 2 Short Course Meet	Hengrove	SW192989	2