

Individual Best Times (All Time)

Sarah Fyffe - (946151) - Warrender Baths Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.32	28.60	522	16/07/16	Scottish Summer Meet	Aberdeen	SCO1157	1
100 Freestyle	1:04.12	1:02.80	524	04/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
200 Freestyle	2:18.91	2:16.40	536	02/04/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
50 Breaststroke	42.27	41.50	328	22/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
100 Breaststroke	1:32.85	1:31.50	329	24/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
50 Butterfly	33.66	33.10	382	22/01/16	East District Age Group Championships	Edinburgh	SCO1071	1
100 Butterfly	1:16.61	1:15.60	379	06/02/16	Derwentio Excel February Festival 2016	Sheffield	EM160047	1
50 Backstroke	34.87	34.30	457	05/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1
100 Backstroke	1:12.59	1:11.50	492	17/07/16	Scottish Summer Meet	Aberdeen	SCO1157	1
200 Backstroke	2:40.44	2:38.30	452	13/05/17	SASA West Dist LC Best in the West AG Meet	East Kilbride	SCO1291	1
200 Individual Medley	2:44.11	2:41.70	453	03/02/17	East District Age Groups Finals	Edinburgh	SCO1234	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.00	30.70	446	11/10/15	WBC Club Championships 2015 Weekend	Glenrothes	SCO1033	2
100 Freestyle	1:02.49	1:03.80	519	17/12/16	Cumbernauld Xmas Sprints	Cumbernauld	SCO1218	2
200 Freestyle	2:15.76	2:18.30	536	15/01/17	East District Age Groups Round 2	Edinburgh	SCO1236	1
400 Freestyle	4:44.09	4:49.00	539	27/11/16	East District Age Groups Championships	Glenrothes	SCO1206	1
800 Freestyle	10:08.32	10:17.80	483	14/10/16	Warrender Distance Championships	Edinburgh	SCO1184	2
50 Breaststroke	41.47	42.20	320	17/09/16	Warrender Championships	Glenrothes	SCO1183	2
100 Breaststroke	1:28.73	1:30.10	347	19/12/15	Cumbernauld Christmas Sprints 2015	Cumbernauld	SCO1064	3
200 Breaststroke	3:14.28	3:17.00	332	29/11/15	East District Age Group Championships	Glenrothes	SCO1051	1
50 Butterfly	33.63	34.20	380	21/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
100 Butterfly	1:14.21	1:15.20	386	17/12/16	Cumbernauld Xmas Sprints	Cumbernauld	SCO1218	2
200 Butterfly	2:54.72	2:56.50	320	22/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
50 Backstroke	33.93	34.50	412	06/03/16	Warrender Time Trials	Edinburgh	SCO1156	2
100 Backstroke	1:12.05	1:13.20	442	17/12/16	Cumbernauld Xmas Sprints	Cumbernauld	SCO1218	2
200 Backstroke	2:32.04	2:34.20	478	14/01/17	East District Age Groups Round 2	Edinburgh	SCO1236	1
200 Individual Medley	2:38.78	2:41.20	452	21/05/16	Swim West Lothian IM Tough Meet	Livingston	SCO1134	2
400 Individual Medley	5:48.46	5:53.50	410	07/11/15	East District Age Group Championships	Glenrothes	SCO1063	1
100 Individual Medley	1:14.69	1:14.70	433	29/10/16	Carnegie Winter Open Meet	Glenrothes	SCO1190	2