

Individual Best Times (All Time)

Katie Wardrop - (945730) - Trojan ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.58	31.90	380	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Freestyle	1:09.03	1:07.80	420	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
200 Freestyle	2:28.42	2:26.10	439	02/04/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
400 Freestyle	5:08.22	5:03.60	445	05/05/18	East District Open Championships	Edinburgh	SCO1461	1
800 Freestyle	11:13.66	11:05.00	372	06/08/16	Swim Wales Summer Nationals	Swansea	WL160020	1
50 Breaststroke	42.46	41.70	323	07/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Breaststroke	1:30.15	1:28.70	359	16/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Breaststroke	3:23.20	3:20.60	310	01/08/16	Swim Wales Summer Nationals	Swansea	WL160020	1
50 Butterfly	34.30	33.70	361	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Butterfly	1:13.69	1:12.70	426	17/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Butterfly	2:44.29	2:42.40	407	13/07/18	Scottish Summer Meet 2018	Aberdeen	SCO1497	1
50 Backstroke	37.38	36.80	371	08/04/18	City of Glasgow graded meet	Glasgow	SCO1442	1
100 Backstroke	1:20.93	1:19.90	355	17/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Backstroke	3:05.11	3:03.30	294	08/05/16	2016 Best in the West Open Meet	Glasgow	SCO1127	1
200 Individual Medley	2:47.20	2:44.80	429	18/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
400 Individual Medley	5:55.92	5:50.90	416	06/05/18	East District Open Championships	Edinburgh	SCO1461	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.55	32.20	383	04/11/17	Bathgate ASC Sprints with Finals	Bathgate	SCO1361	2
100 Freestyle	1:06.78	1:08.00	426	17/12/17	Warrender Graded Meet	Michael Woods Centre	SCO1391	2
200 Freestyle	2:22.59	2:25.00	462	19/10/19	East District Short Course Time Trials	Bathgate	SCO1723	2
400 Freestyle	4:58.73	5:03.40	464	11/06/17	ELST Distance Meet	Mercat Gait	SCO1313	2
800 Freestyle	10:13.16	10:22.50	472	18/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
50 Breaststroke	42.11	42.90	305	20/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
100 Breaststroke	1:31.04	1:32.40	321	16/12/17	Warrender Graded Meet	Michael Woods Centre	SCO1391	2
200 Breaststroke	3:08.48	3:11.30	363	21/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
50 Butterfly	33.97	34.50	369	07/12/19	Bathgate Sprint Meet 2019	Xcite Whitburn	SCO1798	2
100 Butterfly	1:13.62	1:14.60	395	19/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
200 Butterfly	2:41.46	2:43.40	406	20/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
50 Backstroke	36.88	37.40	320	07/12/19	Bathgate Sprint Meet 2019	Xcite Whitburn	SCO1798	2
100 Backstroke	1:20.42	1:21.40	317	16/12/17	Warrender Graded Meet	Michael Woods Centre	SCO1391	2
200 Backstroke	2:48.12	2:50.10	354	20/10/19	East District Short Course Time Trials	Bathgate	SCO1723	2
200 Individual Medley	2:42.71	2:45.10	420	19/05/18	Swim West Lothian IM Tough	Xcite Leisure Centre	SCO1468	2
400 Individual Medley	5:38.18	5:43.30	448	10/06/17	ELST Distance Meet	Mercat Gait	SCO1313	2
100 Individual Medley	1:19.02	1:19.00	365	21/10/17	Carnegie 140th Anniversary Meet	Dunfermline	SCO1350	2