

Individual Best Times (All Time)

Kai Jackson - (945686) - Alton & District Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.79	27.00	425	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
200 Freestyle	2:17.11	2:14.60	411	27/01/19	Surrey Age Group Championships 2019	Surrey	LR190269	1
400 Freestyle	5:09.98	5:05.40	357	28/01/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170464	1
1500 Freestyle	21:09.31	20:52.90	323	24/01/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160575	1
50 Breaststroke	34.42	33.50	428	05/02/22	Hampshire County ASA Swimming Championships 2022	Winchester	SE220382	1
100 Breaststroke	1:14.53	1:12.80	444	26/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Breaststroke	2:44.01	2:40.80	447	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
50 Butterfly	28.55	27.90	474	06/02/22	Hampshire County ASA Swimming Championships 2022	Winchester	SE220382	1
100 Butterfly	1:07.86	1:06.70	386	10/02/19	Surrey Age Group Championships 2019	London	LR190270	1
200 Butterfly	3:29.74	3:28.20	145	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot	SE4908	1
50 Backstroke	29.46	28.80	510	06/02/22	Hampshire County ASA Swimming Championships 2022	Winchester	SE220382	1
100 Backstroke	1:03.97	1:02.70	524	14/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	SE200376	1
200 Backstroke	2:15.09	2:12.60	568	04/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
200 Individual Medley	2:21.72	2:18.90	520	25/07/21	South East Festival of Swimming 2021	Wycombe	SE210358	1
400 Individual Medley	5:02.62	4:56.80	514	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	LR200260	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.69	27.50	430	30/05/21	Alton & District	Alton Sports Centre	LEX1447	0
100 Freestyle	58.79	1:00.20	443	06/10/19	Rushmoor Royals Autumn County Chaser 2019	Aldershot	SE192402	3
200 Freestyle	2:07.99	2:10.70	467	01/12/19	Guildford City Swimming Club County Qualifier	Spectrum LC	SE191743	3
400 Freestyle	4:46.71	4:51.60	405	24/11/18	Bracknell & Wokingham County Qualifier & Relay	Bracknell	SE181888	3
800 Freestyle	9:28.86	9:38.90	473	29/10/19	GCSC NAGs Distance Time Trials	Surrey	SE193054	4
1500 Freestyle	18:09.31	18:28.10	469	29/10/19	GCSC NAGs Distance Time Trials	Surrey	SE193054	4
50 Breaststroke	32.73	33.70	442	27/06/21	Alton and District Club Championships	Alton	SE210270	4
100 Breaststroke	1:12.68	1:14.40	440	09/10/21	National Arena Swimming League South Round One	Guildford	SE210729	4
200 Breaststroke	2:45.29	2:48.50	384	10/07/21	Alton and District Club Championships	Alton	SE210254	4
50 Butterfly	28.38	29.00	450	30/05/21	Alton & District	Alton Sports Centre	LEX1447	0
100 Butterfly	1:04.22	1:05.40	411	21/12/19	Hillingdon The Fast and The Festive FINIS Meet	Hillingdon	LR192991	2
200 Butterfly	2:27.61	2:29.70	379	05/10/19	Rushmoor Royals Autumn County Chaser 2019	Aldershot	SE192402	3
50 Backstroke	28.50	29.20	466	06/11/21	SE South East Open/Junior Swimming Championships	Winchester	SE211170	2
100 Backstroke	1:00.94	1:02.20	498	22/12/19	Hillingdon The Fast and The Festive FINIS Meet	Hillingdon	LR192991	2
200 Backstroke	2:10.16	2:12.70	534	21/12/19	Hillingdon The Fast and The Festive FINIS Meet	Hillingdon	LR192991	2
200 Individual Medley	2:17.05	2:19.90	511	11/12/21	National Arena Swimming League South Round 3	Southampton	SE211580	3
400 Individual Medley	4:53.08	4:59.00	514	06/10/19	Rushmoor Royals Autumn County Chaser 2019	Aldershot	SE192402	3
100 Individual Medley	1:03.06	1:03.10	477	27/06/21	Alton and District Club Championships	Alton	SE210270	4