

# Individual Best Times (All Time)

Alexandra Applegate - (944468) - Wroughton ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Butterfly	33.11	32.50	401	15/05/16	ASA SWR Summer Championships	Bristol	SW160536	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.02	30.70	445	22/01/17	Wiltshire Age Group Championships	Swindon	SW170234	2
100 Freestyle	1:07.19	1:08.40	418	03/12/16	Tigersharks Last Chance Open Meet	Swindon	SW160122	3
200 Freestyle	2:40.08	2:42.20	327	14/11/15	Wroughton ASC Club Championships	Wroughton	SW152138	4
400 Freestyle	5:58.52	6:02.40	268	15/11/15	Wroughton ASC Club Championships	Wroughton	SW152138	4
50 Breaststroke	43.70	44.40	273	13/11/16	Wroughton IM & Sprint Meet	Swindon	SW160349	4
100 Breaststroke	1:43.96	1:45.20	215	21/03/15	Wiltshire Age Group Championships	Swindon	CC150353	2
50 Butterfly	32.51	33.10	421	18/03/18	Tigersharks Spring L2 Open Meet	Swindon	SW180111	2
100 Butterfly	1:20.42	1:21.40	303	16/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2
50 Backstroke	35.57	36.10	357	03/07/16	ASA SWR Fast 5 Competitin	Gloucester	SW160539	3
100 Backstroke	1:24.94	1:25.90	269	14/11/15	Wroughton ASC Club Championships	Wroughton	SW152138	4
200 Backstroke	3:02.32	3:04.10	277	15/11/15	Wroughton ASC Club Championships	Wroughton	SW152138	4
200 Individual Medley	3:02.67	3:04.80	296	14/11/15	Wroughton ASC Club Championships	Wroughton	SW152138	4
100 Individual Medley	1:17.44	1:17.40	388	13/11/16	Wroughton IM & Sprint Meet	Swindon	SW160349	4