

# Individual Best Times (All Time)

Kayla Watson - (944270) - Kingston Royals SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.60	36.00	268	16/11/14	Bexley Distance & Sprint Open Meet	Crystal Palace	LR4571	1
100 Freestyle	1:19.01	1:17.90	280	16/11/14	Bexley Distance & Sprint Open Meet	Crystal Palace	LR4571	1
200 Freestyle	2:51.02	2:49.00	287	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
400 Freestyle	5:54.46	5:50.50	292	22/02/15	Surrey Age Group Championships	Guildford	CC150302	1
50 Breaststroke	45.80	45.10	258	28/02/15	Surrey Age Group Championships	Crystal Palace	CC150303	1
100 Breaststroke	1:40.12	1:38.80	262	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
200 Breaststroke	3:28.07	3:25.50	288	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
50 Butterfly	43.97	43.50	171	23/03/14	BG Surrey County Championships	Crystal Palace	CC4054	1
50 Backstroke	44.35	43.90	222	23/03/14	BG Surrey County Championships	Crystal Palace	CC4054	1
100 Backstroke	1:31.35	1:30.50	247	16/11/14	Bexley Distance & Sprint Open Meet	Crystal Palace	LR4571	1
200 Backstroke	2:57.89	2:56.00	331	22/02/15	Surrey Age Group Championships	Guildford	CC150302	1
200 Individual Medley	3:05.95	3:03.80	312	12/04/15	Bexley Long Course Open Meet	Crystal Palace	LR150015	1
400 Individual Medley	6:23.15	6:18.50	334	11/04/15	Bexley Long Course Open Meet	Crystal Palace	LR150015	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.21	36.80	253	23/01/15	Kingston Royals Closed Club Last Chance Gala	New Malden	LR150463	4
100 Freestyle	1:19.27	1:20.30	254	15/02/15	Surrey Age Group Championships	Guildford	CC150301	2
200 Freestyle	2:43.06	2:45.20	309	14/02/15	Surrey Age Group Championships	Guildford	CC150301	2
400 Freestyle	5:42.45	5:46.50	308	21/12/14	Saxon Crown (lewisham) Christmas Meet	Lewisham	LR14433	3
800 Freestyle	11:42.52	11:50.70	313	14/12/14	Kingston Royals Closed Club Champs	New Malden	LR14685	4
50 Breaststroke	45.29	46.00	245	17/01/15	LBSSA Swimming Championships	Sutton	LR150435	4
100 Breaststroke	1:34.50	1:35.80	287	15/02/15	Surrey Age Group Championships	Guildford	CC150301	2
200 Breaststroke	3:20.79	3:23.40	301	15/02/15	Surrey Age Group Championships	Guildford	CC150301	2
50 Butterfly	41.20	41.70	207	23/01/15	Kingston Royals Closed Club Last Chance Gala	New Malden	LR150463	4
100 Butterfly	1:33.74	1:34.50	191	20/12/14	Saxon Crown (lewisham) Christmas Meet	Lewisham	LR14433	3
200 Butterfly	3:38.17	3:39.60	164	13/07/14	Staines SC Black Swan Summer Meet	Staines	SE4161	3
50 Backstroke	41.13	41.60	231	17/01/15	LBSSA Swimming Championships	Sutton	LR150435	4
100 Backstroke	1:25.60	1:26.50	263	14/02/15	Surrey Age Group Championships	Guildford	CC150301	2
200 Backstroke	2:57.29	2:59.20	301	03/01/15	Bexley Short Course Open Meet	Bexleyheath	LR150016	3
200 Individual Medley	3:00.00	3:02.20	310	29/03/15	Swim Bournemouth 5th Annual Open Meet	Bournemouth	SW150150	2
400 Individual Medley	6:30.75	6:35.20	291	21/12/14	Kingston Royals Closed Club Championships	New Malden	LR14686	4
100 Individual Medley	1:25.15	1:25.20	292	15/02/15	Surrey Age Group Championships	Guildford	CC150301	2