

Individual Best Times (All Time)

Emily Jones - (942895) - Buckley

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.57	37.00	248	28/11/15	City of Sheffield Snow Frills Meet	Sheffield	NE150210	3
100 Freestyle	1:22.70	1:21.70	244	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
200 Freestyle	2:58.79	2:56.80	251	25/06/16	City of Leeds B Grade Meet 2016	Leeds	NE160163	3
400 Freestyle	6:14.86	6:11.10	247	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
50 Breaststroke	47.59	46.90	230	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
100 Breaststroke	1:47.54	1:46.40	212	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
200 Breaststroke	3:43.42	3:41.00	233	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
50 Butterfly	45.03	44.60	159	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
50 Backstroke	45.18	44.70	210	28/11/15	City of Sheffield Snow Frills Meet	Sheffield	NE150210	3
100 Backstroke	1:41.14	1:40.30	182	22/06/14	City of Liverpool SC L3 Summer Sprint Meet	Liverpool	NW4453	3
200 Individual Medley	3:18.45	3:16.40	256	28/11/15	City of Sheffield Snow Frills Meet	Sheffield	NE150210	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.48	36.10	269	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
100 Freestyle	1:16.97	1:18.10	278	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
200 Freestyle	2:45.72	2:47.80	294	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
50 Breaststroke	44.86	45.60	252	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
100 Breaststroke	1:37.42	1:38.70	262	01/10/17	ECL Championships 2017	Wrexham	WL172111	3
200 Breaststroke	3:30.20	3:32.70	262	28/05/16	Swim Conwy Whitsun Meet	Llandudno	WL160858	2
50 Butterfly	43.75	44.20	173	02/02/16	Swim Wales North Regional Championships	Llandudno	WL160023	2
100 Butterfly	1:43.30	1:44.00	143	22/03/15	Wrexham Crystal Meet	Wrexham	WL150610	3
50 Backstroke	44.73	45.20	179	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
100 Backstroke	1:53.49	1:54.20	113	25/11/12	BG Swim Wales North 2012 Sub Regional	Llandudno	WAL465	4
200 Backstroke	3:25.56	3:27.20	193	19/01/14	Holywell Valentine Meet	Holywell	WAL541	2
200 Individual Medley	3:04.47	3:06.60	288	12/06/16	Wrexham Cath Ankers Meet	Wrexham	WL161024	3
100 Individual Medley	1:29.86	1:29.90	248	29/05/16	Swim Conwy Whitsun Meet	Llandudno	WL160858	2