

Individual Best Times (All Time)

Benjamin Loughlin - (942619) - Bebington SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.30	25.50	502	23/03/19	Liverpool Spring Open Meet 2019	Liverpool	NW190258	1
100 Freestyle	57.77	56.30	533	29/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
200 Freestyle	2:10.30	2:07.60	479	28/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
400 Freestyle	5:07.30	5:02.70	367	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool	NW150140	1
50 Breaststroke	36.58	35.70	357	29/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
100 Breaststroke	1:20.48	1:18.90	353	28/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
200 Breaststroke	3:25.81	3:23.20	226	19/01/14	City of Liverpool Winter Meet Plus	Liverpool	NW4119	1
50 Butterfly	30.16	29.50	402	28/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
100 Butterfly	1:08.98	1:07.90	368	21/05/16	ASA North West Region Summer Championships	Liverpool	NW160338	1
50 Backstroke	31.80	31.20	406	29/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
100 Backstroke	1:08.40	1:07.20	429	28/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
200 Backstroke	2:35.41	2:33.20	373	11/04/15	Derwentio Excel 9th Open Meet	Sheffield	EM150029	1
200 Individual Medley	2:28.11	2:25.40	455	29/05/16	ASA North West Region Summer Championships	Manchester	NW160339	1
400 Individual Medley	6:21.25	6:16.60	257	18/01/14	City of Liverpool Winter Meet Plus	Liverpool	NW4119	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.08	26.90	461	06/11/16	ASA North West Region Winter Championships	Manchester	NW160340	2
100 Freestyle	57.48	58.90	474	04/02/17	Cheshire County Championships	Macclesfield	NW170242	2
200 Freestyle	2:07.06	2:09.80	478	06/02/16	Cheshire County Championships 2016	Macclesfield	NW160012	2
400 Freestyle	4:40.01	4:45.00	435	11/06/16	Hoylake Club Competition	West Kirby	NW160904	4
1500 Freestyle	21:05.12	21:21.40	299	23/06/13	Hoylake ASC Club Championships	West Kirby	NW3522	4
50 Breaststroke	34.72	35.60	371	22/01/17	Cheshire County Championships	Macclesfield	NW170241	2
100 Breaststroke	1:14.82	1:16.50	403	06/11/16	ASA North West Region Winter Championships	Manchester	NW160340	2
200 Breaststroke	2:45.51	2:48.70	382	30/01/16	Cheshire County Championships 2016	Macclesfield	NW160011	2
50 Butterfly	28.99	29.60	422	21/01/17	Cheshire County Championships	Macclesfield	NW170240	2
100 Butterfly	1:06.10	1:07.20	377	04/02/17	Cheshire County Championships	Macclesfield	NW170242	2
200 Butterfly	3:06.47	3:08.20	188	21/06/14	Hoylake ASC Club Competition	West Kirby	NW4542	4
50 Backstroke	29.79	30.50	408	06/11/16	ASA North West Region Winter Championships	Manchester	NW160340	2
100 Backstroke	1:05.61	1:06.80	399	05/11/16	ASA North West Region Winter Championships	Manchester	NW160340	2
200 Backstroke	2:22.44	2:24.80	407	24/01/16	Cheshire County Championships 2016	Macclesfield	NW160012	2
200 Individual Medley	2:24.56	2:27.30	436	05/02/17	Cheshire County Championships	Macclesfield	NW170242	2
400 Individual Medley	6:00.23	6:05.10	276	16/03/14	Cheshire County Championships	Macclesfield	CC4011	2
100 Individual Medley	1:05.38	1:05.40	428	06/11/16	ASA North West Region Winter Championships	Manchester	NW160340	2