

Individual Best Times (All Time)

Amelia Gillespie - (940799) - Hemel Hempstead SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	46.13	46.60	122	10/05/14	Hemel Hempstead 3rd Spring Development Meet	Hemel Hempstead	ER4168	3
100 Freestyle	1:43.25	1:44.10	115	28/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14693	4
200 Freestyle	3:41.49	3:43.10	123	18/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	ER4170	3
50 Breaststroke	1:00.16	1:00.70	104	30/06/13	Hemel Hempstead Sprint Champs	Hemel Hempstead	ER3120	4
100 Breaststroke	2:04.34	2:05.40	126	01/07/14	Hemel Hempstead SC Sprint Championships	Hemel Hempstead	ER4169	4
200 Breaststroke	4:18.67	4:20.70	140	28/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14693	4
50 Butterfly	56.23	56.60	81	01/07/14	Hemel Hempstead SC Sprint Championships	Hemel Hempstead	ER4169	4
50 Backstroke	51.82	52.20	115	18/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	ER4170	3
100 Individual Medley	1:58.06	1:58.10	109	29/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14693	4