

Individual Best Times (All Time)

Katie-Fleur Lodge - (940797) - Hemel Hempstead SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.85	34.50	310	18/06/17	The Terry Davies Alternative Nationals	Watford	ER170876	3
100 Freestyle	1:14.72	1:15.80	304	08/10/17	Hemel Hempstead Birthday Open	Hemel Hempstead	ER170859	3
200 Freestyle	2:44.50	2:46.60	301	21/05/17	Hemel Hempstead Spring Development Meet	Hemel Hempstead	ER170858	3
400 Freestyle	5:55.87	5:59.80	274	20/06/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171342	4
800 Freestyle	12:48.61	12:56.10	239	24/06/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171346	4
50 Breaststroke	57.07	57.60	122	20/09/15	Hemel Hempstead Club Championships	Hemel Hempstead	ER151873	4
100 Breaststroke	1:54.08	1:55.20	163	12/06/16	Hemel Hempstead Club Championships	Hemel Hempstead	ER161250	4
50 Butterfly	39.66	40.10	232	21/05/17	Hemel Hempstead Spring Development Meet	Hemel Hempstead	ER170858	3
50 Backstroke	52.03	52.40	114	29/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	ER14693	4
100 Individual Medley	1:26.84	1:26.80	275	21/05/17	Hemel Hempstead Spring Development Meet	Hemel Hempstead	ER170858	3