

# Individual Best Times (All Time)

Lucas Bennett - (940440) - Matlock & District SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	39.47	38.90	148	04/12/16	Derbyshire ASA 2016 Long Course Competition	Sheffield	EM161371	3
50 Breaststroke	49.52	48.90	143	04/12/16	Derbyshire ASA 2016 Long Course Competition	Sheffield	EM161371	3
50 Backstroke	54.38	54.00	81	06/12/15	Derbyshire ASA County Long Course Competition 2015	Sheffield	EM152100	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.53	41.00	123	18/02/17	Derbys ASA 2017 County, Youth & Age Group Champs	Matlock	EM170435	2
100 Freestyle	1:27.97	1:28.90	132	17/11/17	Matlock & District Club Championships	Matlock	EM172159	4
200 Freestyle	3:21.96	3:23.70	119	20/11/16	Matlock & District Club Championships	Matlock	EM162537	4
400 Freestyle	6:20.67	6:24.40	173	24/11/17	Matlock & District Club Championships	Matlock	EM172161	4
50 Breaststroke	45.35	46.00	166	18/02/18	Derbyshire ASA County Championships 2018	Matlock	EM180369	2
100 Breaststroke	1:37.88	1:39.20	180	30/09/17	5th MAD Open Meet	Matlock	EM171180	3
200 Breaststroke	3:26.01	3:28.60	198	25/02/17	Derbys ASA 2017 County, Youth & Age Group Champs	Matlock	EM170436	2
50 Backstroke	45.26	45.70	116	18/11/16	Matlock & District Club Championships	Matlock	EM162536	4
100 Backstroke	1:37.54	1:38.40	121	17/11/17	Matlock & District Club Championships	Matlock	EM172159	4
200 Individual Medley	3:15.47	3:17.50	176	13/05/18	Eckington May Open Meet	Eckington	EM180705	3