

Individual Best Times (All Time)

Rebecca Marks - (940011) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.85	31.20	407	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
50 Butterfly	35.60	35.10	323	06/02/16	Essex Age Group Championships 2016	London	ER160003	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.18	32.80	361	03/10/15	LBRSC Early County & Regional Qualifier	Fullwell Cross	LR150599	3
100 Freestyle	1:10.56	1:11.70	361	04/10/15	LBRSC Early County & Regional Qualifier	Fullwell Cross	LR150599	3
200 Freestyle	2:45.44	2:47.50	296	22/11/14	Harlow Penguins Winter Open Meet	Harlow	ER14724	3
400 Freestyle	5:28.95	5:33.20	347	24/06/15	Epping Forest District 2015 Club Championships	Loughton	ER151111	4
800 Freestyle	11:43.63	11:51.80	312	24/06/15	Epping Forest District 2015 Club Championships	Loughton	ER151111	4
50 Breaststroke	46.97	47.60	220	13/09/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151113	4
100 Breaststroke	1:46.83	1:48.00	198	26/10/14	Basildon & Phoenix Autumn Meet	Basildon	ER4727	3
50 Butterfly	35.57	36.10	321	04/10/15	LBRSC Early County & Regional Qualifier	Fullwell Cross	LR150599	3
100 Butterfly	1:20.71	1:21.60	300	19/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross	LR150757	3
200 Butterfly	3:09.95	3:11.60	249	13/09/15	Epping Forest District SC 2015 Club Championships	Loughton	ER151113	4
50 Backstroke	45.42	45.90	171	19/10/14	Epping Forest District Club Championships	Loughton	ER4562	4
200 Individual Medley	3:50.28	3:52.00	148	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
100 Individual Medley	1:31.89	1:31.90	232	14/12/14	Epping Forest DSC Yuletide Gala	Loughton	ER4461	3