

# Individual Best Times (All Time)

James Kirby - (939870) - Hinckley SC

## Long Course

| Stroke           | LC Time | Converted to SC | LC WA Pts | Date     | Meet  | Venue    | Licence  | Level |
|------------------|---------|-----------------|-----------|----------|---|----------|----------|-------|
| 50 Freestyle     | 30.48   | 29.80           | 322       | 01/07/23 | City of Coventry SC Graham Sykes Open Meet 2023 | Coventry | WM230314 | 3     |
| 100 Freestyle    | 1:12.90 | 1:11.70         | 265       | 19/03/23 | Corby ASC March Annual LC Open Meet 2023        | Corby    | EM230150 | 3     |
| 400 Freestyle    | 5:43.85 | 5:39.70         | 262       | 01/07/23 | City of Coventry SC Graham Sykes Open Meet 2023 | Coventry | WM230314 | 3     |
| 50 Breaststroke  | 1:05.92 | 1:05.40         | 61        | 09/07/17 | Graham Sykes Memorial Meet 2017                 | Coventry | WM170725 | 3     |
| 100 Breaststroke | 2:03.73 | 2:02.70         | 97        | 07/07/19 | Graham Sykes Memorial Gala 2019                 | Coventry | WM191194 | 3     |
| 50 Butterfly     | 33.23   | 32.70           | 301       | 24/03/24 | Corby ASC Annual LC Open Meet 2024              | Corby    | EM240206 | 3     |
| 100 Butterfly    | 1:19.45 | 1:18.50         | 241       | 01/07/23 | City of Coventry SC Graham Sykes Open Meet 2023 | Coventry | WM230314 | 3     |
| 100 Backstroke   | 1:27.12 | 1:26.20         | 207       | 24/03/24 | Corby ASC Annual LC Open Meet 2024              | Corby    | EM240206 | 3     |

## Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet   | Venue          | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|--|----------------|----------|-------|
| 50 Freestyle          | 28.58   | 29.30           | 350       | 23/09/23 | Hinckley Swimming Club Championships 2023      | Hinckley       | EM231956 | 4     |
| 100 Freestyle         | 1:06.73 | 1:08.00         | 303       | 10/02/24 | Leicestershire County Age Groups & Champs 2024 | Hinckley LC    | EM240052 | 2     |
| 200 Freestyle         | 2:31.24 | 2:33.50         | 283       | 30/09/23 | Hinckley Swimming Club Championships 2023      | Hinckley       | EM231957 | 4     |
| 400 Freestyle         | 6:43.66 | 6:47.10         | 145       | 02/07/21 | Leicestershire                                 | Leicestershire | LEX3561  | 0     |
| 50 Breaststroke       | 42.96   | 43.70           | 195       | 11/06/23 | Hinckley SC June 2023 Time Trial               | Hinckley       | EM230873 | 4     |
| 100 Breaststroke      | 1:33.87 | 1:35.20         | 204       | 16/06/24 | Hinckley SC Time Trial June 2024               | Hinckley       | EM240982 | 4     |
| 200 Breaststroke      | 3:58.67 | 4:00.90         | 127       | 21/09/19 | 2019 Hinckley Club Champs                      | Hinckley       | EM193003 | 4     |
| 50 Butterfly          | 32.51   | 33.10           | 299       | 28/10/23 | Leicester Sharks CSC Trick or Treat Meet 2023  | Nuneaton       | EM230946 | 3     |
| 100 Butterfly         | 1:17.13 | 1:18.10         | 237       | 17/12/23 | Hinckley SC Last Chance Saloon 2023            | Hinckley       | EM232282 | 4     |
| 200 Butterfly         | 3:11.27 | 3:12.90         | 174       | 01/10/23 | Hinckley Swimming Club Championships 2023      | Hinckley       | EM231957 | 4     |
| 50 Backstroke         | 36.79   | 37.30           | 217       | 01/10/23 | Hinckley Swimming Club Championships 2023      | Hinckley       | EM231957 | 4     |
| 100 Backstroke        | 1:24.11 | 1:25.10         | 189       | 11/06/23 | Hinckley SC June 2023 Time Trial               | Hinckley       | EM230873 | 4     |
| 200 Backstroke        | 3:54.24 | 3:55.70         | 91        | 25/05/19 | Leicestershire & Rutland Mini Meet Series 2019 | Braunstone     | EM191656 | 3     |
| 200 Individual Medley | 2:51.32 | 2:53.60         | 262       | 11/06/23 | Hinckley SC June 2023 Time Trial               | Hinckley       | EM230873 | 4     |
| 100 Individual Medley | 1:19.19 | 1:19.20         | 240       | 01/10/23 | Hinckley Swimming Club Championships 2023      | Hinckley       | EM231957 | 4     |