

# Individual Best Times (All Time)

Lucia Veasey - (939218) - Woking SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.58	27.80	563	07/12/19	Windsor SC Long Course L3 Open Meet	Aldershot	SE193115	3
100 Freestyle	1:03.24	1:01.90	546	10/11/19	Rushmoor Royals County Sprint Qualifier 2019	Aldershot	SE192424	3
400 Freestyle	6:06.58	6:02.70	264	02/03/14	British Gas Surrey Age Group Championships	Guildford	CC4050	1
50 Butterfly	30.04	29.40	537	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Butterfly	1:08.60	1:07.50	528	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Butterfly	3:00.41	2:58.60	307	14/05/16	ASA South East Region Swimming Championships	Crawley	SE160991	1
50 Backstroke	33.03	32.40	537	10/11/19	Rushmoor Royals County Sprint Qualifier 2019	Aldershot	SE192424	3
100 Backstroke	1:11.66	1:10.50	512	10/02/19	Surrey Age Group Championships 2019	London	LR190270	1
200 Backstroke	2:52.55	2:50.60	363	22/02/15	Surrey Age Group Championships	Guildford	CC150302	1
200 Individual Medley	3:01.10	2:58.90	337	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot	SE150233	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.14	28.90	541	17/11/19	Guildford City Winter Open Meet	Surrey Sports Park	SE191744	2
100 Freestyle	1:02.91	1:04.20	509	16/06/18	The Royals Summer Open Meet 2018	Elmbridge Xcel LC	LR180798	3
200 Freestyle	2:26.35	2:28.70	428	30/10/16	Woking Club Championships	Woking	SE161602	4
400 Freestyle	4:54.90	4:59.60	482	12/11/19	Woking S.C. Club Championships 2019	Woking	SE191925	4
50 Breaststroke	42.70	43.40	293	29/09/19	Woking S.C. Club Championships 2019	Woking	SE191924	4
100 Breaststroke	1:28.12	1:29.50	354	24/11/19	Woking S.C. Club Championships 2019	Woking	SE191926	4
200 Breaststroke	3:28.13	3:30.70	270	18/10/16	Woking Club Championships	Woking	SE161601	4
50 Butterfly	30.19	30.80	526	04/11/18	Swim England South East Open & Junior Champs	Portsmouth	SE182559	2
100 Butterfly	1:07.79	1:08.90	506	24/11/19	Woking S.C. Club Championships 2019	Woking	SE191926	4
200 Butterfly	2:55.46	2:57.30	316	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2
50 Backstroke	32.46	33.10	470	02/12/18	Woking December Dasher	Woking	SE182300	3
100 Backstroke	1:07.68	1:08.90	533	14/12/19	NASL South Round 3	Burgess Hill	SE193324	3
200 Backstroke	2:39.22	2:41.30	416	15/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
200 Individual Medley	2:39.76	2:42.20	443	26/11/17	Woking Club Championships	Woking	SE171733	4
100 Individual Medley	1:16.17	1:16.20	408	10/07/16	Sutton & Cheam Summertime Splash	Carshalton	LR161124	3