

# Individual Best Times (All Time)

Sadie Galvin - (939185) - Spenborough SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.00	33.40	334	02/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Freestyle	1:15.65	1:14.50	319	05/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
200 Freestyle	2:57.08	2:55.10	258	07/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
400 Freestyle	6:09.94	6:06.10	257	28/06/14	Co of Leeds B Grade Meet	Leeds	NE14031	3
50 Breaststroke	49.18	48.50	208	29/11/14	Sheffield City B Grade Meet	Sheffield	NE4498	3
100 Breaststroke	1:51.48	1:50.30	190	29/06/14	Co of Leeds B Grade Meet	Leeds	NE14031	3
50 Butterfly	41.41	40.90	205	03/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Butterfly	1:47.71	1:47.00	136	29/06/14	Co of Leeds B Grade Meet	Leeds	NE14031	3
50 Backstroke	40.15	39.60	299	12/04/14	Sports Aid Open Meet 2014	Leeds	NE4126	1
100 Backstroke	1:25.70	1:24.80	299	04/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
200 Backstroke	3:04.89	3:03.10	295	06/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
200 Individual Medley	3:15.35	3:13.30	269	05/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.79	34.40	312	26/10/14	City of Leeds Grand Prix	Leeds	NE4022	2
100 Freestyle	1:15.95	1:17.00	289	12/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Freestyle	2:47.63	2:49.70	284	27/04/14	Harrogate Spa Town Graded Meet	Harrogate	NE4181	3
50 Breaststroke	47.32	48.00	215	26/10/14	City of Leeds Grand Prix	Leeds	NE4022	2
50 Butterfly	43.88	44.30	171	21/06/14	Team Jorvik Viking Sprints	Leeds	NE4419	3
50 Backstroke	38.91	39.40	273	25/10/14	City of Leeds Grand Prix	Leeds	NE4022	2
100 Backstroke	1:24.70	1:25.60	272	11/10/14	Yorkshire Winter Championships	Sheffield	NE14602	2
200 Backstroke	3:09.63	3:11.40	246	26/04/14	Harrogate Spa Town Graded Meet	Harrogate	NE4181	3
200 Individual Medley	3:12.31	3:14.40	254	27/04/14	Harrogate Spa Town Graded Meet	Harrogate	NE4181	3
100 Individual Medley	1:29.95	1:30.00	247	21/06/14	Team Jorvik Viking Sprints	Leeds	NE4419	3