

Individual Best Times (All Time)

Phoebe Dawson - (939179) - City of Leeds SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.42	28.70	516	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Freestyle	1:04.07	1:02.80	525	10/02/19	Yorkshire County Championships	Leeds	NE190128	1
200 Freestyle	2:19.54	2:17.00	528	20/05/17	ASA North East Region Championships	Sunderland	NE170146	1
400 Freestyle	4:53.81	4:49.00	514	16/04/17	City of Leeds National Qualifier 2017	Leeds	NE170153	1
800 Freestyle	10:12.14	10:02.60	496	14/04/17	City of Leeds National Qualifier 2017	Leeds	NE170153	1
50 Breaststroke	37.48	36.60	470	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Breaststroke	1:26.04	1:24.60	414	22/05/16	ASANER Regional Championships 2016	Sheffield	NE160066	1
200 Breaststroke	3:03.01	3:00.10	424	28/05/16	ASANER Regional Championships 2016	Sheffield	NE160067	1
50 Butterfly	31.41	30.80	470	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Butterfly	1:12.75	1:11.70	443	15/04/17	City of Leeds National Qualifier 2017	Leeds	NE170153	1
200 Butterfly	2:48.69	2:46.80	376	25/02/17	Yorkshire SA County Championships	Leeds	NE170143	1
50 Backstroke	33.56	33.00	512	25/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
100 Backstroke	1:10.68	1:09.50	533	26/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
200 Backstroke	2:28.82	2:26.60	566	25/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
200 Individual Medley	2:32.58	2:30.00	564	25/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
400 Individual Medley	5:28.81	5:23.40	528	08/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.92	29.60	498	17/12/17	City of Leeds Xmas Meet 2017	Leeds	NE171857	3
100 Freestyle	1:01.32	1:02.70	550	11/02/18	Yorkshire County Championships	Leeds	NE180136	2
200 Freestyle	2:12.89	2:15.50	571	10/02/18	Yorkshire County Championships	Leeds	NE180136	2
400 Freestyle	5:06.00	5:10.60	431	29/10/16	Chester le Street Junior Meet 2016	Chester-le-Street	NE161614	3
800 Freestyle	10:20.72	10:30.00	455	06/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
50 Breaststroke	38.17	39.00	410	05/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
100 Breaststroke	1:22.86	1:24.40	426	16/10/16	Yorkshire SA Winter Competition	Leeds	NE162072	2
200 Breaststroke	2:56.37	2:59.30	444	25/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
50 Butterfly	30.84	31.40	494	17/12/17	City of Leeds Xmas Meet 2017	Leeds	NE171857	3
100 Butterfly	1:09.94	1:11.00	461	04/02/18	Yorkshire County Championships	Leeds	NE180135	2
200 Butterfly	2:45.38	2:47.30	378	12/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
50 Backstroke	32.79	33.40	456	16/12/17	City of Leeds Xmas Meet 2017	Leeds	NE171857	3
100 Backstroke	1:09.59	1:10.70	490	17/12/17	City of Leeds Xmas Meet 2017	Leeds	NE171857	3
200 Backstroke	2:26.38	2:28.60	536	25/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
200 Individual Medley	2:30.58	2:33.20	530	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
400 Individual Medley	5:26.59	5:31.90	498	05/11/16	ASA North East Region Age Group Championships	Sunderland	NE162069	2
100 Individual Medley	1:37.66	1:37.70	193	24/11/12	City of Leeds STS Meet 2012	Leeds	NE2867	4