

Individual Best Times (All Time)

Eleanor Williams - (938514) - Swim Bournemouth

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.29	29.60	473	01/04/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1
100 Freestyle	1:06.39	1:05.10	472	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1
200 Freestyle	2:24.12	2:21.70	480	01/04/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1
400 Freestyle	5:22.11	5:17.70	390	01/03/15	Hampshire County ASA Championships	Portsmouth	CC150864	1
50 Breaststroke	46.44	45.80	247	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	SE4197	1
200 Breaststroke	3:32.54	3:30.00	271	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	SE4395	1
50 Butterfly	37.85	37.30	268	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot	SE150330	3
100 Butterfly	1:30.58	1:29.70	229	05/07/14	Rushmoor Royals SC Summer Open Meet	Aldershot	SE4694	3
50 Backstroke	35.82	35.30	421	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Backstroke	1:18.58	1:17.50	388	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
200 Backstroke	2:48.66	2:46.70	389	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Individual Medley	2:43.94	2:41.50	455	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
400 Individual Medley	6:08.79	6:04.00	374	28/02/15	Hampshire County ASA Championships	Portsmouth	CC150863	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.85	30.50	453	18/12/17	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE172232	3
100 Freestyle	1:04.37	1:05.70	475	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	SE160576	2
200 Freestyle	2:20.57	2:23.00	483	02/04/17	Basingstoke Bluefins Spring Meet	Basingstoke	SE170868	3
400 Freestyle	5:17.02	5:21.40	388	14/07/15	Andover 400m Championships	Andover	SE150553	4
50 Breaststroke	41.19	41.90	326	19/09/16	Andover SWPC Club Championships	Andover	SE160586	4
100 Breaststroke	1:33.53	1:34.90	296	29/11/14	Andover Club Championships	Andover	SE4365	4
200 Breaststroke	3:12.58	3:15.30	341	23/04/16	Andover Club Championships	Andover	SE160584	4
50 Butterfly	33.70	34.30	378	23/06/18	Basingstoke Bluefins Club Championships	Basingstoke	SE181571	4
100 Butterfly	1:22.37	1:23.30	282	28/11/15	Andover Age & Aggregates	Andover	SE150554	4
200 Butterfly	3:03.76	3:05.50	275	23/04/16	Andover Club Championships	Andover	SE160584	4
50 Backstroke	34.83	35.40	380	30/07/17	Swindon Dolphins ASC End of Season Meet 2017	Swindon	SW170110	3
100 Backstroke	1:14.63	1:15.70	397	29/10/16	Hart Autumn Invitational Meet	Fleet	SE161497	4
200 Backstroke	2:35.42	2:37.60	448	30/07/17	Swindon Dolphins ASC End of Season Meet 2017	Swindon	SW170110	3
200 Individual Medley	2:40.13	2:42.60	440	31/01/16	Hampshire County Swimming Championships 2016	Waterlooville	SE160576	2
400 Individual Medley	5:54.75	5:59.70	388	28/11/15	Andover Age & Aggregates	Andover	SE150554	4
100 Individual Medley	1:15.41	1:15.40	420	29/07/17	Swindon Dolphins ASC End of Season Meet 2017	Swindon	SW170110	3