

Individual Best Times (All Time)

Brooke Mickel - (935427) - Crawley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.08	29.40	483	10/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	SE190455	1
100 Freestyle	1:05.95	1:04.70	482	06/04/19	Crawley Spring Open	Crawley	SE190011	1
200 Freestyle	2:29.72	2:27.40	428	04/01/20	Crawley Team Finis New Year Gala 2020	K2, Crawley	SE200082	3
400 Freestyle	5:10.25	5:05.70	436	26/02/17	Sussex County Championships & Age Group Comp	Crawley	SE170354	1
800 Freestyle	10:53.64	10:44.70	407	05/02/17	Sussex County Championships & Age Group Comp	Crawley	SE170352	1
50 Breaststroke	43.47	42.70	301	18/06/17	Crawley Summer Splash Spectacular LC Meet	Crawley	SE170383	3
100 Breaststroke	1:32.25	1:30.90	335	29/09/19	Lis Hartley Long Course Open Meet	K2 LC	SE190314	3
50 Butterfly	31.64	31.00	460	28/09/19	Lis Hartley Long Course Open Meet	K2 LC	SE190314	3
100 Butterfly	1:10.15	1:09.10	494	21/04/19	Beckenham Easter International Open 2019	London	LR190200	1
50 Backstroke	36.70	36.10	392	26/02/17	Sussex County Championships & Age Group Comp	Crawley	SE170354	1
100 Backstroke	1:20.35	1:19.30	363	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	SE170006	1
200 Backstroke	2:55.34	2:53.40	346	28/09/19	Lis Hartley Long Course Open Meet	K2 LC	SE190314	3
200 Individual Medley	2:43.73	2:41.30	457	28/09/19	Lis Hartley Long Course Open Meet	K2 LC	SE190314	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.94	29.70	497	25/11/18	Atlantis Christmas Cracker 2018	Horsham	SE180992	3
100 Freestyle	1:04.53	1:05.80	472	24/11/18	Atlantis Christmas Cracker 2018	Horsham	SE180992	3
200 Freestyle	2:22.21	2:24.60	466	02/07/17	Atlantis Summer Splash	Horsham	SE170671	3
400 Freestyle	5:03.61	5:08.20	442	07/07/17	Crawley Club Championships 2017 - Day 3	Crawley	SE171385	4
800 Freestyle	11:07.68	11:16.30	365	05/12/15	Crawley Christmas Splash Open Meet	Crawley	SE151330	3
50 Breaststroke	42.83	43.60	290	13/12/20	Crawley	K2	LEX696	0
100 Breaststroke	1:25.85	1:27.30	383	21/06/19	Crawley SC Club Championships 2019	K2 Crawley	SE192303	4
200 Breaststroke	3:14.38	3:17.10	331	15/10/16	Sussex County ASA Winter Short Competition 2016	Crawley	SE161768	2
50 Butterfly	31.21	31.80	476	16/11/19	Guildford City Winter Open Meet	Surrey Sports Park	SE191744	2
100 Butterfly	1:07.89	1:09.00	504	16/11/19	Guildford City Winter Open Meet	Surrey Sports Park	SE191744	2
50 Backstroke	35.39	36.00	363	19/01/18	Crawley SC January 2018 Time Trial	Crawley	SE180591	4
100 Backstroke	1:18.16	1:19.20	346	13/01/17	Crawley January 2017 Time Trial	Crawley	SE170509	4
200 Backstroke	2:46.55	2:48.50	364	15/01/17	Cranleigh County Chaser Open Meet	Cranleigh	SE170201	3
200 Individual Medley	2:41.82	2:44.20	427	30/06/17	Crawley Club Championships 2017 - Day 2	Crawley	SE171384	4
100 Individual Medley	1:14.00	1:14.00	445	05/07/19	Crawley SC Club Championships 2019	K2 Crawley	SE192305	4