

Individual Best Times (All Time)

Ben Millington - (935107) - Thanet Swim Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.35	27.60	401	31/03/18	Beckenham SC 125th Anniversary International Open	London	LR180255	1
100 Freestyle	58.10	56.60	524	25/01/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200206	1
200 Freestyle	2:02.18	1:59.30	581	13/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1
400 Freestyle	4:22.53	4:17.10	589	13/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1
800 Freestyle	9:02.05	8:51.30	580	14/03/20	2020 London Region Spring Open Meet	London	LR200423	1
1500 Freestyle	17:30.44	17:10.60	570	18/01/20	2020 Kent ASA Swimming Championships	London	SE200205	1
50 Breaststroke	38.35	37.50	309	10/02/18	Kent Swimming Championships 2018	London	SE180335	1
50 Butterfly	30.28	29.60	397	01/02/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200207	1
100 Butterfly	1:05.63	1:04.50	427	19/01/20	2020 Kent ASA Swimming Championships	London	SE200205	1
200 Butterfly	2:36.04	2:34.00	353	02/02/19	Kent Swimming Championships 2019	Crystal Palace	SE190349	1
50 Backstroke	30.68	30.00	452	02/02/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200207	1
100 Backstroke	1:05.82	1:04.60	481	26/01/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200206	1
200 Backstroke	2:20.93	2:18.50	500	26/01/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200206	1
200 Individual Medley	2:25.73	2:23.00	478	02/02/20	2020 Kent ASA Swimming Championships	Crystal Palace	SE200207	1
400 Individual Medley	5:06.81	5:01.00	493	19/04/19	Beckenham Easter International Open 2019	London	LR190200	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.61	26.40	487	04/12/21	Thanet SC Speedo Festive Qualifier	Hartsdown	SE211236	3
100 Freestyle	55.47	57.00	528	13/11/21	National Arena Swimming League South - Round Two	Pavillions in the Pa	SE211361	3
200 Freestyle	1:59.97	2:02.80	568	22/01/22	Kent County Championships 2022	Dover LC	SE220055	2
400 Freestyle	4:17.11	4:22.50	562	22/01/22	Kent County Championships 2022	Dover LC	SE220055	2
800 Freestyle	8:51.54	9:02.30	580	30/01/22	Kent County Championships 2022	Dover LC	SE220056	2
1500 Freestyle	16:58.90	17:18.90	574	10/10/19	Thanet Swim Club Championships 2019	Hartsdown	SE192721	4
50 Breaststroke	35.55	36.40	345	29/09/19	Thanet Swim Club Championships 2019	Hartsdown	SE192718	4
100 Breaststroke	1:17.95	1:19.50	356	06/10/19	Thanet Swim Club Championships 2019	Hartsdown	SE192720	4
50 Butterfly	28.94	29.60	424	01/12/19	East Invicta ASA Championships	Canterbury	SE191664	3
100 Butterfly	1:06.15	1:07.30	376	28/09/19	Thanet Club Championships 2019	Hartsdown	SE192717	4
200 Butterfly	2:22.92	2:25.10	417	01/12/19	East Invicta ASA Championships	Canterbury	SE191664	3
50 Backstroke	29.23	29.90	432	16/10/21	Thanet SC Club Champs	Hartsdown	SE211205	4
100 Backstroke	1:02.65	1:03.90	459	04/12/21	Thanet SC Speedo Festive Qualifier	Hartsdown	SE211236	3
200 Backstroke	2:13.87	2:16.30	491	23/01/22	Kent County Championships 2022	Dover LC	SE220055	2
200 Individual Medley	2:16.88	2:19.70	513	13/11/21	National Arena Swimming League South - Round Two	Pavillions in the Pa	SE211361	3
400 Individual Medley	4:53.29	4:59.20	513	22/12/19	TYR Festive Qualifier	Hartsdown LC	SE193124	3
100 Individual Medley	1:06.49	1:06.50	407	28/09/19	Thanet Club Championships 2019	Hartsdown	SE192717	4