

# Individual Best Times (All Time)

Freya Bodle - (933238) - Thurrock Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.90	34.30	309	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Freestyle	1:19.15	1:18.10	278	23/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
200 Freestyle	2:46.84	2:44.70	309	25/09/16	BWFSC County Qualifier Meet 2016	London	LR161616	3
50 Breaststroke	51.15	50.50	185	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
100 Breaststroke	1:53.03	1:51.90	182	25/09/16	BWFSC County Qualifier Meet 2016	London	LR161616	3
50 Butterfly	48.02	47.60	131	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
50 Backstroke	43.50	43.00	235	23/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
100 Backstroke	1:30.85	1:30.00	251	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3
200 Individual Medley	3:14.13	3:12.10	274	24/07/16	BPSC End of Season Meet 2016	Basildon	ER160054	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.74	34.40	313	08/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	ER170331	3
100 Freestyle	1:13.06	1:14.20	325	08/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	ER170331	3
200 Freestyle	2:33.09	2:35.30	374	07/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	ER170331	3
400 Freestyle	5:59.47	6:03.40	266	13/12/15	Thurrock Last Chance County Qualifier	Thurrock	ER150446	3
800 Freestyle	10:51.09	10:59.90	394	11/11/17	Thurrock Distance Invitation Meet	Grays	ER170421	4
50 Breaststroke	46.26	46.90	230	17/11/17	Harlow Penguins 2017 Winter Open Meet	Harlow	ER172064	3
100 Breaststroke	1:38.58	1:39.90	253	18/11/17	Harlow Penguins 2017 Winter Open Meet	Harlow	ER172064	3
200 Breaststroke	4:12.24	4:14.30	151	19/04/15	Essex & Regional Qualifier	Thurrock	ER150027	3
50 Butterfly	39.73	40.20	231	10/12/17	Thurrock Last Chance County Qualifier	Thurrock	ER170508	3
50 Backstroke	39.43	39.90	262	24/09/17	Team Luton Autumn Short Course Meet 2017	Luton	ER171628	3
100 Backstroke	1:24.79	1:25.70	271	08/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	ER170331	3
200 Backstroke	4:01.86	4:03.20	118	11/01/14	Killerwhales last Chance County Qualifier	Grays	LR4069	3
200 Individual Medley	3:00.26	3:02.40	308	23/09/17	Team Luton Autumn Short Course Meet 2017	Luton	ER171628	3
100 Individual Medley	1:48.94	1:48.90	139	19/07/14	Romford Town 2nd Non National Meet	Thurrock	LR4645	3