

Individual Best Times (All Time)

Ruby Macfarlane - (933108) - City of Salford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.74	28.00	554	27/11/21	City of Sheffield Snow Frills Meet	Sheffield	NE210643	3
100 Freestyle	1:02.40	1:01.00	569	24/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
200 Freestyle	2:18.98	2:16.50	535	12/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	EM190118	1
400 Freestyle	4:59.66	4:54.90	484	26/01/19	Lancs County WPSA Age Groups & Championships 2019	Manchester	NW190175	1
50 Breaststroke	54.17	53.60	155	14/02/16	City of Liverpool Splash & Dash	Liverpool	NW160223	3
50 Butterfly	32.01	31.40	444	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
100 Butterfly	1:22.57	1:21.60	303	04/03/18	City of Sheffield Swim Squad	Sheffield	NE180162	3
50 Backstroke	31.44	30.80	623	20/03/22	Derwentio eXcel March Open Meet	Sheffield	EM220103	1
100 Backstroke	1:08.07	1:06.90	597	05/02/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220241	1
200 Backstroke	2:27.73	2:25.50	579	22/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220239	1
200 Individual Medley	2:42.63	2:40.20	466	26/01/19	Lancs County WPSA Age Groups & Championships 2019	Manchester	NW190175	1
400 Individual Medley	6:05.60	6:00.80	384	20/01/18	Lancs County WPSA Age Groups & Championships	Wavertree	NW180030	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.33	29.10	530	03/11/19	Swim England North West Winter Championships 2019	Manchester	NW192984	2
100 Freestyle	1:02.29	1:03.60	524	07/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
200 Freestyle	2:16.19	2:18.70	531	28/10/18	City of Salford Potential Olympians 2018	Broughton	NW181000	3
400 Freestyle	5:12.83	5:17.30	404	28/10/17	City of Salford Potential Olympians 2017	Broughton	NW170739	3
50 Breaststroke	42.48	43.20	297	27/10/18	City of Salford Potential Olympians 2018	Broughton	NW181000	3
100 Breaststroke	1:33.09	1:34.40	300	17/12/17	Trafford Borough Network Christmas Cracker	Sale	NW172583	3
200 Breaststroke	3:22.59	3:25.20	293	25/11/17	Flixton Club Championship Distance Meet	Urmston	NW171146	4
50 Butterfly	31.66	32.30	456	16/11/19	Wigan BEST Future Stars Open Meet	Wigan Life Centre	NW192346	2
100 Butterfly	1:21.24	1:22.20	294	30/09/17	Greater Manchester Autumn Meet 2017	Wigan	NW170835	3
200 Butterfly	3:14.50	3:16.10	232	19/11/17	Flixton Club Championship Distance Meet	Urmston	NW171145	4
50 Backstroke	30.30	31.00	578	02/11/19	Swim England North West Winter Championships 2019	Manchester	NW192984	2
100 Backstroke	1:05.19	1:06.40	596	07/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
200 Backstroke	2:23.32	2:25.60	571	06/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
200 Individual Medley	2:38.41	2:40.90	455	13/07/19	City of Salford Summer Spectacular 2019	Broughton	NW191466	3
400 Individual Medley	5:53.51	5:58.50	392	25/11/17	Flixton Club Championship Distance Meet	Urmston	NW171146	4
100 Individual Medley	1:22.06	1:22.10	326	06/05/17	Flixton Club Championship Sprint Meet	Urmston	NW171147	4