

# Individual Best Times (All Time)

Marty McManus - (931784) - City Of Glasgow Swim Team

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.26	30.60	299	30/04/16	COAST Long Course Meet	Aberdeen	SCO1116	1
200 Freestyle	2:30.81	2:28.50	309	07/05/16	2016 Best in the West Open Meet	Glasgow	SCO1127	1
50 Breaststroke	38.77	37.90	299	06/02/16	SASA West District LC AG Round 1 Meet	East Kilbride	SCO1088	1
100 Breaststroke	1:24.65	1:23.10	303	01/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
200 Breaststroke	3:00.68	2:57.70	334	30/03/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
50 Butterfly	33.89	33.30	283	30/03/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
100 Butterfly	1:15.73	1:14.70	278	02/04/16	Scottish National Age Group Championships	Glasgow	SCO1106	1
100 Backstroke	1:25.95	1:25.00	216	07/02/15	SASA West District JAG Championship	East Kilbride	SCO936	1
200 Individual Medley	2:45.46	2:43.10	327	07/05/16	2016 Best in the West Open Meet	Glasgow	SCO1127	1
400 Individual Medley	5:54.12	5:49.10	321	01/05/16	COAST Long Course Meet	Aberdeen	SCO1116	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.05	30.70	301	05/11/16	Ren 96 Open Meet	Linwood	SCO1212	2
100 Freestyle	1:05.94	1:07.20	314	27/11/16	Dumfries Advent Open 2016	Bellshill	SCO1205	2
200 Freestyle	2:25.80	2:28.20	316	26/11/16	Dumfries Advent Open 2016	Bellshill	SCO1205	2
400 Freestyle	5:37.32	5:41.50	249	21/03/15	REN96 Graded Meet	Linwood	SCO966	2
50 Breaststroke	39.05	39.80	260	14/02/16	Sharks Open Meet	Bellshill	SCO1082	1
100 Breaststroke	1:21.40	1:22.90	313	06/11/16	Ren 96 Open Meet	Linwood	SCO1212	2
200 Breaststroke	2:57.12	3:00.10	312	12/11/16	2016 SASA West District SC JAG Championship	Cumbernauld	SCO1198	1
50 Butterfly	34.75	35.30	245	13/02/16	Sharks Open Meet	Bellshill	SCO1082	1
100 Butterfly	1:15.55	1:16.50	252	05/11/16	Ren 96 Open Meet	Linwood	SCO1212	2
50 Backstroke	38.38	38.90	191	22/03/15	REN96 Graded Meet	Linwood	SCO966	2
100 Backstroke	1:16.04	1:17.10	256	26/11/16	Dumfries Advent Open 2016	Bellshill	SCO1205	2
200 Backstroke	2:53.97	2:55.90	223	24/10/15	Carnegie Winter Open Meet	Dunfermline	SCO1031	2
200 Individual Medley	2:39.26	2:41.70	326	27/11/16	Dumfries Advent Open 2016	Bellshill	SCO1205	2
400 Individual Medley	5:54.60	5:59.50	290	14/02/16	Sharks Open Meet	Bellshill	SCO1082	1
100 Individual Medley	1:20.88	1:20.90	226	30/08/15	SASA West District SR Championships	Ayr	SCO1012	1