Individual Best Times (All Time)

Thomas Sewell - (931623) - Wear Valley SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.34	37.90	157	18/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Aukland	NE4302	3
100 Freestyle	1:27.44	1:28.40	134	17/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Aukland	NE4302	3
200 Freestyle	3:14.67	3:16.50	133	03/11/13	Wear Valley ASC Guy Fawkes Level 3 Meet	Bishop Auckland	NE3640	3
50 Breaststroke	56.23	56.80	87	06/01/13	Peterlee ASC Annual Graded Gala	Stanley	NE3136	3
100 Breaststroke	1:51.58	1:52.70	121	19/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
50 Butterfly	56.98	57.30	55	18/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
50 Backstroke	47.07	47.50	103	19/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
100 Individual Medley	1:42.95	1:43.00	109	18/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Aukland	NE4302	3