

Individual Best Times (All Time)

Frazer Shaw - (930690) - Wycombe District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.78	26.00	476	21/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	SE190069	1
100 Freestyle	56.86	55.40	559	06/04/19	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE190316	3
200 Freestyle	2:03.45	2:00.60	564	06/04/19	Bracknell Wokingham Spring Level 3 Open Meet	Aldershot	SE190316	3
400 Freestyle	4:24.82	4:19.50	573	27/05/18	London Swimming 2018 Long Course Summer Open	London	LR181069	1
800 Freestyle	9:16.99	9:06.50	534	04/05/18	Swim England South East Championships 2018	Wycombe	SE181206	1
1500 Freestyle	17:53.25	17:33.90	534	27/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
50 Breaststroke	39.93	39.10	274	23/09/18	WDSC Club Championships 2018	Wycombe	SE181863	4
100 Breaststroke	1:26.33	1:24.90	286	23/09/18	WDSC Club Championships 2018	Wycombe	SE181863	4
200 Breaststroke	3:11.57	3:08.80	281	17/09/17	2017 WDSC Club Championships	Wycombe	SE171929	4
50 Butterfly	29.67	29.00	422	27/05/17	Cardiff International Open Meet 2017	Cardiff	WL170116	1
100 Butterfly	1:07.50	1:06.40	393	28/04/18	WDSC 2018 Long Course Sprint Meet	Wycombe	SE180758	3
50 Backstroke	33.18	32.60	357	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
100 Backstroke	1:10.55	1:09.40	391	13/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
200 Backstroke	2:36.64	2:34.50	364	28/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
200 Individual Medley	2:35.72	2:33.20	392	13/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190015	1
400 Individual Medley	5:33.29	5:28.00	385	16/07/17	WDSC End of Season Open Meet 2017	Wycombe	SE171247	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.22	27.00	454	25/11/18	WDSC Short Course (L3) County & Regional Qualifier	Wycombe LC	SE181875	3
100 Freestyle	57.09	58.50	484	02/12/18	Maxwell December Meet	Aylesbury	SE182577	3
200 Freestyle	2:03.44	2:06.20	521	01/12/18	Maxwell December Meet	Aylesbury	SE182577	3
400 Freestyle	4:20.42	4:25.70	541	16/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
1500 Freestyle	17:34.98	17:54.30	517	23/11/18	WDSC Short Course (L3) County & Regional Qualifier	Wycombe LC	SE181875	3
50 Breaststroke	38.58	39.40	270	01/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
50 Butterfly	29.22	29.90	412	17/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
100 Butterfly	1:06.13	1:07.30	377	08/04/18	Swim Bournemouth Spring Short Course L2 Meet	Bournemouth	SW180120	2
200 Butterfly	3:14.89	3:16.50	164	05/10/14	Maxwell Autumn Meet	Aylesbury	SE141110	3
50 Backstroke	31.08	31.70	360	26/11/17	Wycombe County & Regional Qualifier	Wycombe	SE172283	3
100 Backstroke	1:07.43	1:08.60	368	01/04/17	Hatfield Regional Qual Meet 2017	Hatfield	ER170484	3
200 Backstroke	2:23.23	2:25.50	401	16/12/17	BPSC Last Chance County Qualifier	Basildon	ER172322	3
200 Individual Medley	2:22.35	2:25.10	456	25/11/18	WDSC Short Course (L3) County & Regional Qualifier	Wycombe LC	SE181875	3
100 Individual Medley	1:09.52	1:09.50	356	18/12/16	BPSC Last Chance County Qualifier 2016	Basildon	ER160487	3