

Individual Best Times (All Time)

Matthew Telling - (930673) - Wycombe District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.40	25.60	496	16/07/23	Wycombe LC End of Season L3 Meet 2023	High Wycombe	SE231231	3
100 Freestyle	58.47	57.00	514	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
200 Freestyle	2:14.13	2:11.50	439	16/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220084	1
400 Freestyle	4:45.79	4:40.80	456	15/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220084	1
1500 Freestyle	18:26.33	18:07.50	488	14/04/22	Portsmouth Northsea SC Easter Meet 2022	Mountbatten Cen	SE220162	1
50 Breaststroke	33.17	32.20	478	19/12/21	Winchester Winter Sparkler	Winchester	SE211474	3
100 Breaststroke	1:13.63	1:11.90	461	17/07/22	2022 Wycombe Long Course End of Season Meet L3	High Wycombe	SE221132	3
200 Breaststroke	2:46.58	2:43.40	427	20/02/22	2022 Wycombe Dual Award (L3) Long Course Meet	High Wycombe	SE220326	3
50 Butterfly	28.21	27.50	491	13/01/24	Berkshire & South Bucks County Championships 2024	Wycombe	SE240001	1
100 Butterfly	1:06.94	1:05.80	403	17/07/22	2022 Wycombe Long Course End of Season Meet L3	High Wycombe	SE221132	3
50 Backstroke	30.56	29.90	457	16/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	SE220084	1
100 Backstroke	1:08.28	1:07.10	431	16/07/22	2022 Wycombe Long Course End of Season Meet L3	High Wycombe	SE221132	3
200 Backstroke	2:26.50	2:24.20	445	05/08/22	Swim Wales Summer Open 2022	Swansea	WL220741	1
200 Individual Medley	2:23.32	2:20.50	503	13/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe	SE220336	1
400 Individual Medley	5:21.66	5:16.20	428	17/07/22	2022 Wycombe Long Course End of Season Meet L3	High Wycombe	SE221132	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.12	25.90	516	18/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Freestyle	55.43	56.90	529	15/06/24	Aylesbury & District Arthur Blake Gala 2024	Aylesbury	SE241012	4
200 Freestyle	2:10.14	2:12.80	445	25/06/22	Maidenhead Marlins End of Season Level 3 Meet	Maidenhead	SE221021	3
400 Freestyle	4:35.25	4:40.30	458	27/03/22	Amersham Inaugural Regional Qualifier Invitational	Chilterns Cen	SE220489	3
1500 Freestyle	17:52.86	18:11.90	491	28/11/21	2021 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE210859	3
50 Breaststroke	32.58	33.50	449	28/11/21	2021 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE210859	3
100 Breaststroke	1:17.39	1:19.00	364	07/12/19	Hart SC Last Chance Qualifier 2019	Hart Leisure Centre	SE192588	3
200 Breaststroke	2:45.33	2:48.50	383	23/06/19	The Terry Davies Alternative Nationals	Woodside	ER190152	3
50 Butterfly	27.24	27.90	509	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Butterfly	1:06.18	1:07.30	376	27/11/21	2021 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE210859	3
200 Butterfly	2:33.18	2:35.20	339	06/06/21	Wycombe District	Wycombe LC	LEX1531	0
50 Backstroke	30.84	31.50	368	28/10/20	Wycombe District Swimming Club	Wycombe Leisure Cent	LEX064	0
100 Backstroke	1:05.03	1:06.30	410	27/11/21	2021 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE210859	3
200 Backstroke	2:24.72	2:27.00	388	20/06/21	Wycombe District Swimming Club	Wycombe Leisure Cent	LEX2143	0
200 Individual Medley	2:23.22	2:25.90	448	26/03/22	Amersham Inaugural Regional Qualifier Invitational	Chilterns Cen	SE220489	3
400 Individual Medley	5:17.64	5:23.10	403	23/05/21	Wycombe District	Wycombe LC	LEX1261	0
100 Individual Medley	1:07.07	1:07.10	396	25/06/22	Maidenhead Marlins End of Season Level 3 Meet	Maidenhead	SE221021	3