

# Individual Best Times (All Time)

Anna Desborough - (930240) - St Ives SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.83	31.20	408	04/03/23	Harpenden SC FINIS Frantic 50s 2023	Luton	ER230255	3
100 Freestyle	1:08.57	1:07.30	428	26/03/22	Corby ASC Annual LC Open Meet	Corby	EM220112	3
50 Breaststroke	58.53	58.00	123	25/03/18	Corby Annual Long Course Open Meet	Corby	EM180193	3
50 Butterfly	33.22	32.60	397	02/03/24	Harpenden SC Frantic 50s 2024	St Albans	ER240268	3
100 Backstroke	1:48.16	1:47.40	148	25/03/18	Corby Annual Long Course Open Meet	Corby	EM180193	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.00	31.70	404	19/02/22	Swim England Cambridgeshire County Championships	Whittlesey	ER220183	2
100 Freestyle	1:07.76	1:09.00	407	25/03/23	City of Cambridge SC Spring Open Meet 23	Cambridge	ER230541	3
200 Freestyle	2:38.02	2:40.20	340	24/09/22	St Ives Swimming Club Championships 2022	St Ives	ER220724	4
400 Freestyle	7:46.24	7:49.30	122	24/09/17	St Ives 2017 Club Championships	St Ives	ER171096	4
50 Breaststroke	51.26	51.90	169	06/07/19	St Ives Swimming Club - 2019 Club Championships	St Ives	ER192181	4
100 Breaststroke	2:04.15	2:05.20	126	16/12/17	COPS Winter Meet	Peterborough	ER172215	3
200 Breaststroke	4:12.39	4:14.50	151	21/09/19	St Ives Swimming Club - 2019 Club Championships	St Ives	ER192183	4
50 Butterfly	33.26	33.80	393	03/02/24	SE Cambridgeshire County Championships 2024	Cambridge	ER240229	2
100 Butterfly	1:14.67	1:15.70	379	28/05/23	March Marlins Fenland Open Meet 2023	Whittlesey	ER230654	3
200 Butterfly	3:00.45	3:02.20	291	01/10/22	St Ives Swimming Club Championships 2022	St Ives	ER220723	4
50 Backstroke	46.22	46.70	163	06/07/19	St Ives Swimming Club - 2019 Club Championships	St Ives	ER192181	4
100 Backstroke	1:51.44	1:52.20	119	09/06/18	St Ives 2018 Club Championships	St Ives	ER181225	4
200 Backstroke	3:50.17	3:51.60	137	17/06/17	St Ives 2017 Club Championships	St Ives	ER171092	4
200 Individual Medley	3:22.73	3:24.70	217	06/10/19	Richard O'Leary Autumn Challenge	Whittlesey	ER192240	3
400 Individual Medley	8:43.72	8:47.10	120	17/09/17	St Ives 2017 Club Championships	St Ives	ER171095	4
100 Individual Medley	1:19.39	1:19.40	360	01/10/22	St Ives Swimming Club Championships 2022	St Ives	ER220723	4