

# Individual Best Times (All Time)

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## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	47.84	48.30	110	08/06/13	Wrexham Cath Ankers Meet 2013	Wrexham	WAL503	3
200 Freestyle	3:45.53	3:47.10	117	12/05/13	BG Swim Wales Nth Junior Development	Llandudno	WAL493	4
50 Breaststroke	1:06.96	1:07.40	76	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4
100 Breaststroke	2:33.28	2:34.10	67	12/05/13	BG Swim Wales Nth Junior Development	Llandudno	WAL493	4
50 Butterfly	1:05.60	1:05.90	51	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4
50 Backstroke	52.86	53.20	108	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4
100 Backstroke	1:54.03	1:54.70	111	12/05/13	BG Swim Wales Nth Junior Development	Llandudno	WAL493	4
200 Individual Medley	4:03.68	4:05.30	125	11/05/13	BG Swim Wales Nth Junior Development	Llandudno	WAL493	4
100 Individual Medley	2:03.36	2:03.40	96	13/04/13	City of Bangor Diddy Gala	Bangor	WAL487	4