

# Individual Best Times (All Time)

Ismael Abdeldaim - (930118) - Sutton & Cheam SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
100 Freestyle	2:06.03	2:06.70	45	17/01/16	London Borough of Sutton Borough Championships	Carshalton	LR160341	4
50 Breaststroke	1:04.04	1:04.50	59	17/01/16	London Borough of Sutton Borough Championships	Carshalton	LR160341	4