

# Individual Best Times (All Time)

James Daly - (929622) - Northwich Centurions SC

## Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet   | Venue        | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|--|--------------|----------|-------|
| 50 Freestyle          | 27.47   | 28.20           | 395       | 19/03/17 | Wirral Metro Development Meet                    | Birkenhead   | NW170318 | 3     |
| 100 Freestyle         | 1:02.81 | 1:04.10         | 363       | 19/03/17 | Wirral Metro Development Meet                    | Birkenhead   | NW170318 | 3     |
| 200 Freestyle         | 2:22.68 | 2:25.10         | 337       | 15/10/16 | North Midlands Championships 2016                | Macclesfield | NW161738 | 3     |
| 50 Breaststroke       | 37.13   | 38.00           | 303       | 04/12/16 | Warriors of Warrington Percy Mason Memorial Meet | Warrington   | NW161509 | 3     |
| 100 Breaststroke      | 1:21.62 | 1:23.20         | 310       | 19/03/17 | Wirral Metro Development Meet                    | Birkenhead   | NW170318 | 3     |
| 200 Breaststroke      | 3:01.46 | 3:04.40         | 290       | 18/03/17 | Wirral Metro Development Meet                    | Birkenhead   | NW170318 | 3     |
| 50 Butterfly          | 30.57   | 31.20           | 360       | 18/03/17 | Wirral Metro Development Meet                    | Birkenhead   | NW170318 | 3     |
| 100 Butterfly         | 1:13.33 | 1:14.40         | 276       | 15/10/16 | North Midlands Championships 2016                | Macclesfield | NW161738 | 3     |
| 50 Backstroke         | 32.73   | 33.30           | 308       | 01/10/16 | North Midlands Championships 2016                | Macclesfield | NW161737 | 3     |
| 100 Backstroke        | 1:14.54 | 1:15.60         | 272       | 04/12/16 | Warriors of Warrington Percy Mason Memorial Meet | Warrington   | NW161509 | 3     |
| 200 Backstroke        | 2:37.46 | 2:39.60         | 301       | 15/10/16 | North Midlands Championships 2016                | Macclesfield | NW161738 | 3     |
| 200 Individual Medley | 2:36.00 | 2:38.50         | 347       | 16/10/16 | North Midlands Championships 2016                | Macclesfield | NW161738 | 3     |
| 100 Individual Medley | 1:11.16 | 1:11.20         | 332       | 03/04/16 | City of Stoke on Trent Y2K 2016                  | Stoke        | WM160470 | 3     |