

# Individual Best Times (All Time)

Elizabeth Murray - (929574) - Nottingham Leander SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.78	27.00	613	01/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
100 Freestyle	59.53	58.10	655	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1
200 Freestyle	2:10.69	2:08.00	643	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1
400 Freestyle	4:39.01	4:33.90	600	14/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1
800 Freestyle	9:47.51	9:37.60	561	20/04/19	Swim England EMR Distance Time Trial 2019	Loughborough	EM191237	1
50 Breaststroke	38.69	37.90	428	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192731	3
100 Breaststroke	1:22.30	1:20.80	473	11/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	EM200101	1
50 Butterfly	30.54	29.90	511	11/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	EM200101	1
100 Butterfly	1:11.61	1:10.50	465	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1
50 Backstroke	33.27	32.70	526	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192731	3
100 Backstroke	1:10.81	1:09.70	530	18/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
200 Backstroke	2:32.94	2:30.70	521	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
200 Individual Medley	2:32.67	2:30.10	563	14/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.67	28.40	569	08/12/19	Chesterfield Winter Open Championships	Matlock	EM192125	3
100 Freestyle	59.31	1:00.70	608	17/07/21	Summer Splash 2021	Matlock	EM210273	3
200 Freestyle	2:07.15	2:09.80	652	07/12/19	Chesterfield Winter Open Championships	Matlock	EM192125	3
400 Freestyle	4:29.13	4:34.30	634	15/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
800 Freestyle	9:37.29	9:47.20	565	17/02/19	Derbyshire ASA County Championships 2019	MATLOCK	EM190290	2
50 Breaststroke	38.21	39.00	409	07/12/19	Chesterfield Winter Open Championships	Matlock	EM192125	3
100 Breaststroke	1:21.41	1:22.90	449	05/10/19	LVSC Short Course Meet 2019	Sheffield	EM191407	2
200 Breaststroke	2:55.42	2:58.40	451	15/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
50 Butterfly	31.42	32.00	467	23/02/19	Derbyshire ASA County Championships 2019	MATLOCK	EM190291	2
100 Butterfly	1:12.39	1:13.40	416	08/06/19	The 2nd Frank Mansey Memorial Open Meet	Alfreton	EM191660	3
50 Backstroke	31.94	32.60	494	17/07/21	Summer Splash 2021	Matlock	EM210273	3
100 Backstroke	1:08.37	1:09.50	517	05/10/19	LVSC Short Course Meet 2019	Sheffield	EM191407	2
200 Backstroke	2:27.65	2:29.90	522	14/07/19	Chesterfield Summer Splash	Matlock	EM190326	3
200 Individual Medley	2:33.82	2:36.40	497	08/06/19	The 2nd Frank Mansey Memorial Open Meet	Alfreton	EM191660	3
400 Individual Medley	5:17.23	5:22.70	543	20/10/19	Long Eaton Distance Meet	Queens LC	EM192131	3
100 Individual Medley	1:08.92	1:08.90	551	08/12/19	Chesterfield Winter Open Championships	Matlock	EM192125	3